

KANAHOOKA

HIGH SCHOOL

Proud member of Dapto Learning Community and Curriculum Network Illawarra

Newsletter

ISSUE No. 16
26 October 2018

Welcome back to the final term of the 2018 year. I trust you enjoyed having a break and are ready to focus on the next eight weeks. It will be a very busy term as usual. We will be welcoming our new Year 7 students of 2019 for their Orientation day on 4 December.

Year 12 are facing their HSC Exams and we wish them all the best for their future. I am confident that they are well prepared to face their exams.

I hope our new Year 12 students settle into the start of their final year of High School.

Some staffing changes for this term as we welcome:

Mr McIvor in Maths replacing Mrs Lowis for 5 weeks.

Mr Mudaliar in HSIE replacing Mr Clout for the remainder of the year.

Mr Marks in TAS replacing Mr Powell for the remainder of the year. Mr Powell has retired and we wish him well.

Ms Lucas in Dance replacing Ms Page who is on leave for 5 weeks.

Ms McKinnirey in English who will be team teaching with Ms Constantine during her maternity leave.

NEW FACES



Mr M McIvor



Mr L Marks



Ms H Lucas



Mr J Mudaliar



Ms E McKinnirey

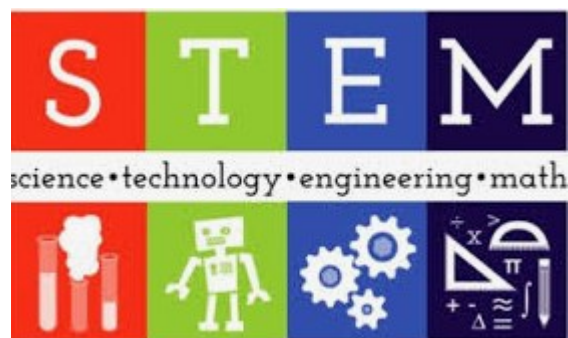
Ms C Toohey
Principal

Robert Street, Dapto 2530
Telephone: 4261 4011

STEM

It's Race Day!

After months of hard work, race day finally arrived for our very talented Year 9 STEM students. Throughout Term 3, the students designed and built balsa wood CO₂ racing cars, which are then powered by CO₂ gas cartridges. The students used a range of different online tools to design and test their cars virtually, such as Computer Aided Modelling (CAM) and Computational Fluid Dynamics (CFD), before settling on a final design. Students were given a balsa wood block to carve and shape their cars out of, before putting the finishing touches on them by sanding and painting them.



Whilst this exercise is designed to be fun and an engaging learning activity, there are state, national and world championships for CO₂ racing cars. The F1 in Schools program allows students from all over the world to flex their engineering and creative muscle, with the hope that in the future some of these students will obtain jobs in engineering and aerodynamics. Although our students are not at that level just yet, it was great to see some of the innovative solutions devised by our very talented Year 9 students.

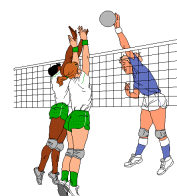


Mr H McKay
Head Teacher Science

Student Sports Selection - Term 4



Sport	Cost per week	Bus?	Venue
Swimming	\$3.40	N	Dapto Pool
KHS Soccer Academy	NIL	N	School- Hockey Field
Tennis	\$1.00	N	Webb Park
Touch	NIL	N	Webb Park
Indoor Sports	\$3.00	N	Koonawarra Community Centre
Walking for Fitness	NIL	N	School/Lake
Fishing	\$1.00/ \$10 term	N	Lake/Mullet Creek
Chess	NIL	N	School- Library
E-Sports	NIL	N	School- 900/303
School Activities	NIL	N	School
Beach Activities	\$6.00	Y	Port Pool/Beach
Surf Survival	\$6.00	Y	Port Pool/Beach
Volleyball	NIL	N	School- grass courts
Golf	\$8.00	Y	South Coast Golf Centre- Berkeley
Ten Pin Bowling	\$9.00	Y	Northern Bowl- Bellambi
Bike Riding	NIL	N	Various around Dapto
Boys/ Girls Fitness	\$2.00	N	School- Hall & Circuit/Weight Rooms
Theatre Sport	NIL	N	School- Dance Room
Lawn Bowls	\$1.00	N	Dapto Citizen's Club
Squash	\$4.00	Y/N	Dapto Squash Centre
Support Sport	NIL	N	School





invictus

Latin adjective, "unconquered, unsubdued, invincible."

The word 'Invictus' is Latin for 'unconquered' and embodies the fighting spirit of our wounded, injured and ill servicemen and women. They have been tested and challenged, but they have not been overcome. They have proven that by embracing each other and the support of family and friends, they can reclaim their future. They are Invictus.

This Thursday KHS students were lucky enough to have the opportunity to attend the 2018 Invictus Games in Sydney! We will also be doing some activities and learning based around the Invictus Games in PDHPE lessons! Photos will be posted on the Kanahooka High School Facebook page.

Sports Person of the Week, Deanne M

Deanne continues to be an outstanding representative of Kanahooka High School. Her most recent achievement reflects the commitment and excellence that she has displayed in her chosen sport of hockey, since Kindergarten!



At this year's end of season celebration for the Dapto Hockey Club, Deanne received the prestigious Wayne Billett Award, which acknowledges the wonderful progress that she has achieved for more than a decade. We are not surprised by this accolade, as Deanne has been a highly committed and engaged student at Kanahooka High School, since her first day of Year 7.

On behalf of everybody at the school, we congratulate Deanne on this wonderful achievement.



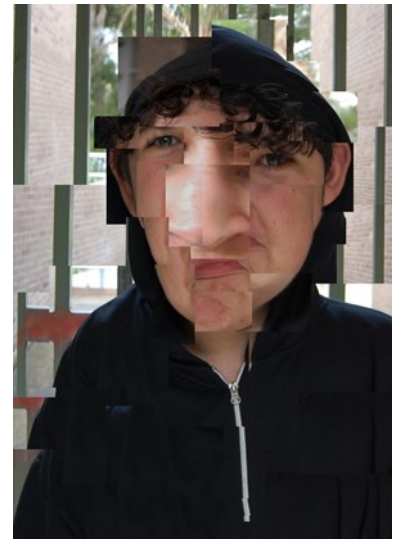
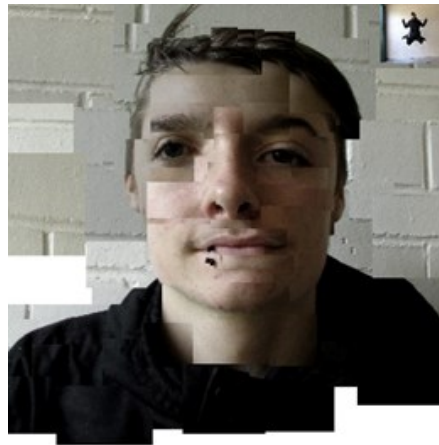
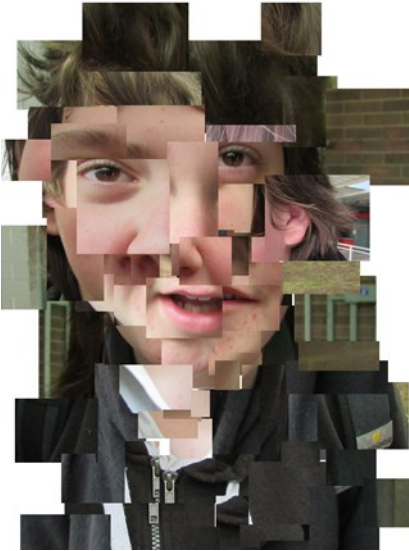
Mr B Jardine
Head Teacher PDHPE



KHS Photography students getting in touch with their creative side....



CAPA



Showcasing
our
budding
artists





KHS Visual Arts students getting in touch with their creative side....



Technology

There has been a new Projector and Screen installed in the hall by Sturman Electronics. This projector looks pretty good in the daytime, but at night time it is amazing!



The new Notebooks for Support and Kullillah have arrived and are getting setup. That's a total of 32 extra Notebooks and one Chromebook for Library usage. All 32 of the laptops are Touch enabled and come with a stylus. I've tested them out with MS Paint, however they haven't improved my art skills. Hopefully the students will have better luck.



It seems as though Microsoft Office 2019 will be available soon to students and staff. If you need more information, see me in the Library (after the HSC exams conclude, which will be after 9/11/18).



Mr B Harding
Technology

The Noticeboard

FINANCIAL LIFE SKILLS UPDATE - 2

Teen financial license

We are all familiar with a driver's license. This involves 17 year olds having to do 100+ hours of training before they can attempt a test to get a driver's license. Such training hopefully gets teens better prepared for life on the road in their future.

Imagine if teens had to learn 100 hours of financial life skills before they could get a credit card, or gamble online, or borrow money. Would that training better prepare teenagers for their financial future? How could this happen in your community?

It may be impossible in your school community to provide 100 hours of financial education for teens in your community. How many hours of financial education from Years 7-12 will all children access? How can the community support this goal?

Provided courtesy of The Wealth Academy and our community partner/s Finance Control Warrawong.



FINANCIAL LIFE SKILLS UPDATE - 3

Are minimum repayments good?

When you only pay the minimum, you are paying so little toward the principal balance every month, you're actually increasing the amount of time you're in debt. This increases the time you'll keep making interest payments, which causes the total amount you're paying to grow. This is not a good idea, although at times in your life it may be absolutely necessary. If necessary, it is important that the consumer only does it for a very short time.

Here are links to articles that provide further information about paying minimum repayments on your credit card debt.

Credit users may never pay off debts ...

<http://www.news.com.au/finance/money/credit-users-may-never-pay-off-debts-as-australian-banks-drop-minimum-repayments-to-alltime-low/news-story/a9dcc5d29164efaa1176f1e41502ce83>

4 Reasons Making Just Minimum Payments is Bad...

<https://www.dealnews.com/features/Making-Just-Your-Minimum-Payments-Is-a-Bad-Thing/>

Why Paying the Minimum Balance on Your Credit Card is a Bad Idea

<https://www.hq.org/article.asp?id=27850>

Provided courtesy of The Wealth Academy and our community partner/s Finance Control Warrawong

The Noticeboard

Year 12 Summer Master Classes



Applications for 2019 are now open for the University of Wollongong!
Maximise your HSC results and kick-start your Bachelor degree with our three-week Summer Master Class university experience

Receive a guaranteed Early Admission interview to UOW and six unspecified credit points towards your undergraduate degree!

With eight subjects linked to current HSC curriculum to choose from, the Summer Master Classes are a great way to get ahead in your final year, meet like-minded students from across NSW, and experience life as a university student whilst still in high school.

Please note: our students at Kanahooka High are entitled to a full scholarship for these courses.

Applications close Friday 26 October 2018, for more information or to apply:

uow.info/yr12summer

(02) 4221 3450

pathways-in2uni@uow.edu.au




**Whatever your goal
we'll help you reach it**

It doesn't matter what stage you're at – whether you're saving for something small or need a loan for something bigger.

The team at Greater Bank can help make your banking greater with the right product – and the know-how – to help make your goal achievable.

Here's how:
GreaterBank

For more information call **Michelle Marsh**, on **0417 875 837**, visit **greater.com.au** or come into the Dapto branch at Dapto.

-  **Home Loans**
-  **Personal Loans**
-  **Credit cards**
-  **Business Banking**
-  **Savings and Investments**
-  **Everyday Accounts**
-  **Insurance**
-  **International Services**
-  **Financial Planning**

Here's how:
GreaterBank

      greater.com.au

You should consider whether the product is appropriate for you and your circumstances. Greater Bank Ltd. ABN 88 087 651 956. AFSL/Australian Credit Licence No. 237476.
JPLAM 09/17



The Noticeboard

Tuning in to Teens

For Ages 9+



"The emotional toolbox I have now is priceless.."

"This program is a lifesaver for me."

Parenting Program for
Mums, Dads and Carers



Funded by
SHELLHARBOUR
COMMUNITIES
FOR CHILDREN

When

Wed 31 Oct 2018
(Every Wednesday for 6 weeks)
10:00 - 12:00 pm

Where

The Rail Neighbourhood Centre
1 Ash Ave, Albion Park Rail

Fee

No charge (funded by Shellharbour Communities for Children)

Topic

The program teaches you about how you, as a parent, can help your child develop good emotional skills.

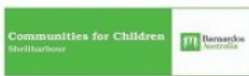
ABOUT THE PROGRAM AND REGISTER

sahssi.org.au/programs

Visit the website for more details.
You must register for this program via the website.
Suitable for Mums, Dads and Carers.
Eligibility: Living in the Shellharbour LGA (Warilla, Warilla North, Barrack Heights, Mount Warrigal, Albion Park, Albion Park Rail, Oak Flats, Lake Illawarra)



Learn More & Register:
sahssi.org.au/programs



ReSourceful Adolescent Parent Program

The Resourceful Adolescent Parent program is a free three session workshop exploring how parents can foster a positive and supportive relationship with their teenager.

Topics include parent stress, adolescent development, parent & teen attachment, improving communication, responding to difficult emotions and managing conflict.

Dates Wednesdays 21/ 11, 28/ 11, 5/ 12

Warilla 5pm - 7:30 Warilla High School Library

Wollongong 10 am - 12:30 CHAIN (1A Denison St, Gwynneville)

Contact Kylie on 4256 1928 (bookings required)

This program is facilitated by family counsellors from Southern Youth and Family Services



Southern Youth and Family Services

FREE FAMILY FUN

The team from Elite Energy Events has secured one of the worlds best sand sculptures at Husky Beach Saturday 27 October from 10.00 am. He will make an amazing feature and work with families, groups, and kids to create amazing sculptures with our local sand. All you need to bring is two buckets per person, sunscreen and a hat and be part of the Inaugural Hobie Polarized Sand & Sea Festival.

For further information go to:

<https://www.sandandsea.com.au/>



Did you know the newsletter can be emailed directly to you?

Help reduce waste by receiving an electronic copy of the newsletter. It is also a great way to ensure the newsletter does not get lost in transit.

If you would like the newsletter emailed directly to you please advise by phone or email us directly:

kanahooka-h.school@det.nsw.edu.au

The Noticeboard

LEARNER LOGBOOK RUN

DO YOU HAVE YOUR L's?

Want to get more hours for your log book?

An opportunity for you and your supervisor to experience a variety of driving conditions to increase safe driver behaviour.

All learner drivers must have 40 or more log book hours

Bookings are essential. Please contact Council for a suitable workshop. See overleaf for contact details.

2018	17 July	6.00pm – 8.30pm	Shellharbour & Kiama
	12 August	9.30am – 12.00 noon	Wollongong
	30 September	10.00am – 12.30pm	Shellharbour & Kiama
	25 November	9.30am – 12.00 noon	Wollongong
2019	24 March	Ultimate Learner Log Book Run 8.30am – 2.30pm (Special event)	Shellharbour, Kiama & Wollongong
	9 April	6.00pm – 8.30pm	Shellharbour & Kiama
	5 May	9.30am – 12.00 noon	Wollongong
	2 June	10.00am – 12.30pm	Shellharbour & Kiama

🌙 night run



Dapto Dentists

Quality Meets Affordability

Up to \$1000 free dental services for eligible children under medicare
Child friendly practice | After school appointments available



**SAVE UP TO
40% OFF
YOUR DENTAL
FEES***

**CHECK-UP & CLEAN: 100% GAP FREE
OR \$140 FOR NON-HEALTH FUND HOLDERS**

PREFERRED PROVIDER FOR; HCF, WESTFUND & CBHS

PH: 4288 0737

Shop 4, 42 - 44 Princes Hwy Dapto

daptodontists.com.au

*T&C apply, visit website for details

SAFER DRIVERS COURSE



Get your P's sooner!

Transport for NSW | Roads & Maritime Services

Bonus 20 hours off your learner drivers logbook!!

DAPTO RIBBONWOOD CENTRE

93-109 Princes Hwy, Dapto
(Upstairs)

Sat 4th Aug
Sat 1st Sep
Sat 13th Oct (School Hols)

Sat 10th Nov
Sat 8th Dec

KIAMA LEAGUES CLUB

109 Terralong St, Kiama

Sat 18th Aug
Sat 22nd Sep
Thur 11th Oct (School Hol's)
Sat 27th Oct
Sat 24th Nov

Bookings: <http://www.shellharbourcitydrivingschool.com/safer-driver-course>

Enquiries: Ph Debbie 0439 019 794 or Email: scds61@gmail.com

MODULES PROUDLY DELIVERED BY

SHELLHARBOUR CITY DRIVER TRAINING

On Behalf of **APIA DRIVING SCHOOL** an accredited provider of the

RMS Safer Drivers Course



PCYC | POLICE CITIZENS YOUTH CLUBS

SAFER DRIVERS COURSE FOR LEARNER DRIVERS



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES:

MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of 12 participants and will be delivered by a facilitator.

MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach.

Course cost: \$140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3-for-1 scheme cannot be included.

LEARNER DRIVERS WHO COMPLETE THE COURSE WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.



ALL PARTICIPANTS MUST:

- Hold a valid NSW Learner Licence
- Be under 25 years of age
- Have completed 50 logbook hours (of actual on road experience and not credits gained under the 3 for 1 professional instruction scheme)

PCYC Lake Illawarra

4296 4448

lakeillawarra@pcycnsw.org.au



<https://www.facebook.com/PCYCLakeIllawarra/>



The Noticeboard

Kanahooka High School After School Tutorial Centre


All welcome and it's FREE!

*Held in the School Library with
Teacher supervision.*

Refreshments provided.


**Every Tuesday & Wednesday
from 2.30 to 3.30pm**

Come along and get help with your
homework, assignments and assessments.


**KEEP
CALM
AND
STUDY
ON**

BARISTA EXPRESS WORKSHOPS

Wollongong Youth Services is offering free barista
workshops for young people aged 15 - 24.
You will be mentored by experienced baristas
and learn how to make café quality coffee.

Bookings essential
Contact Wollongong Youth Services on 02 4227 8222
 WollongongYouthServices

**Free
Workshops**



ILLAWARRA ABORIGINAL YOUTH FESTIVAL

WHEN: SUNDAY 9TH DECEMBER 2018

WHERE: KILLALEA STATE PARK SHELLCOVE

SAVE THE DATE

**FREE
EVENT
FOR ALL**

Please express your interest if you would like to be part of the
working group in the lead up to this day

Email: admin@ilalc.org.au

Ph: 4226 3338



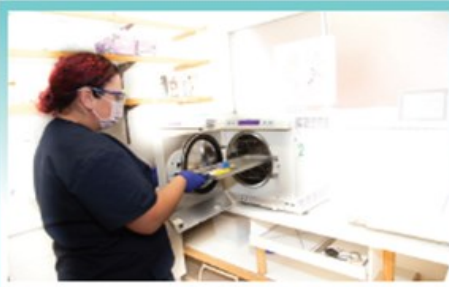
Check us out of Facebook and instagram
Illawarra Aboriginal Youth Council



The Noticeboard



Brighter Smiles Dapto Dental
54 Baan Baan St, Dapto NSW 2530
Ph: 02 42615264
www.brightersmilesdaptodental.com.au



Established Dental Practice over 40 years in Dapto for all your family dental needs. Dapto's oldest and continuing dental surgery. We strive to be at the forefront of modern dentistry. You can always expect to be provided with expert advice and treatment from experienced dentists.

OUR DENTISTS

Dr. Rhett Yeats B.D.S. (Sydney)
Dr. Kala Raj B.D.S. (Adelaide)
B.ScDent (Honours) (Adelaide)
Dr. Rajeshwari Angadi B.D.S. (Gulbarga)
Dr. Teresa Hwang B.D.S. (Otago)
Dr. Sangeetha Manoharan BSc (Nanotech) (UNSW)
BDent (Sydney)
Dr. Hema Mahalingapa B.D.S. (RGUHS)

OUR SERVICES:

Preventative: Dental exams, digital x-rays, scale, fluoride, custom mouth-guards, occlusal splints

Restorative: Tooth-coloured fillings, inlays, onlays, crowns, bridges, implants

Endodontics: Root canal treatments

Prosthetic: Partial and full dentures (acrylic and metal), implant retained dentures

Cosmetic: Smile designing, teeth whitening, veneers

Paediatric: Fillings, pulpomies. We also treat traumatised and avulsed teeth caused by accidents.

Extractions: Including surgical extractions and wisdom teeth.

CDBS: We bulk bill eligible children under the Child Dental Benefit Scheme (CDBS).

Other services: Anxious patients and children can get treatment under happy gas (nitrous oxide). We also provide general anaesthetic services if needed.

NSW Oral Health Vouchers are accepted by some of our dentists • We are always happy to accommodate new patients



KOONAWARRA CARIBBERIE

Koonawarra Community Centre

4th December 2018

4pm – 6pm

Free

Barbeque and Refreshments

Yarn with local elders and meet with fellow Families & friends from Koonawarra

For more information contact CareWays

42621918

help@careways.org.au



CareWays community Connected, caring and supportive communities



THE LORD MAYOR'S

Picnic in the park

**FOR 2019 SCHOOL
STARTERS AND
THEIR FAMILIES!**

FREE entertainment and giveaways for all 2019 school starters. Join in the fun while finding out more about starting school!

Sunday 4 November, 10am-12pm
@ MacCabe Park (southern end)
Cnr Church & Ellen Street, Wollongong

www.transitiontoschool.com.au

For more information or to RSVP contact:

Emma Montalti on 4283 9943, or
transitiontoschool@bigfatmile.com.au

Tracey Kirk-Downey on 4227 7158, or
tkirk-downey@wollongong.nsw.gov.au



familiesnsw
supporting families to raise children

The Noticeboard



Did you know plaque contains hundreds of species of bacteria?
Dental plaque cause tooth decay and gum disease and is linked to many health conditions such as diabetes and stroke.

NO GAP

- Comprehensive Examination
- Scale and Clean
- 2 X-rays
- Fluoride Application

*Terms & Conditions Apply

Not a health fund member? Only \$145 for Adults or \$125 for kids under 17 (Normally \$350)

TO BOOK YOUR APPOINTMENT
Call 02 4208 3060
21 Bong Bong Road Dapto, NSW 2530
www.daptosmiledental.com

Dapto Smile Dental Centre
Your Family's Dental Specialist



Our dentists have complementary skills so you get the best available treatment.



Dr Geetha Raveendran
Endodontics,
Cosmetic & General dentistry



Dr Preethi Reddy
Cosmetic dentistry,
Children's dentistry



Dr Omar Ahsan
Orthodontics, Dental
Implants & General Dentistry



Dr Clare Compton
General, Cosmetic
& Children's Dentistry




Dr Brinda Nag
General, Cosmetic
& Children's Dentistry

Exceptional dental care has never been easier to access.

AREA HEALTH
VOUCHERS
ACCEPTED

FREE DENTAL CARE
FOR ELIGIBLE CHILDREN
UNDER CDBS

TO BOOK YOUR APPOINTMENT
CALL 02 4208 3060



Open for Business: Thursday September 13, 2018

Learner's Edge

Tutoring Service

Catering to Secondary
English Students (Years 7-12)

Fee: \$45/ hour
Location: 2/177 Princes Hwy Dapto. 2530.
Contact: Violet on 0401 753 825 or mortenservioleta13@gmail.com
to arrange for a free consultation.

Guess who competition Newsletter Issue 14

Each newsletter issue there will be an ongoing competition that has a picture of a staff member as a child. Let's see how clever you are!

There is a box at the office where students can place their answer. The first correct answer drawn each fortnight wins a \$5.00 Canteen Voucher. Staff are also encouraged to try to guess.

Issue 15 Answer: Ms G Chappell from the office
No one guessed the correct answer.

Don't forget to submit your guess in the box on the office counter. Good luck!

Who is this?



UPCOMING EVENTS

- Thursday 18 October to Friday 9 November
HSC Exams
- Monday 26 November
Year 12 Workplacement (Construction)
- Tuesday 4 December
Orientation Day for Year 7 2019
- Friday 14 December
Presentation Day Ceremony



CANTEEN UNIFORM PRICES

Blouse (White with emblem)	\$20.00
Cardigan (Black with emblem)	\$40.00
Tailored Long Pants (Black)	\$33.00
Tailored Shorts (Black)	\$31.00
Skirt	\$28.00
Tunic	\$55.00
Polo Shirts (with emblem)	\$20.00
Jumper	\$22.00
Sports Shirt	\$32.00
Jacket (Black)	\$45.00
Long Pants (Black)	\$30.00
Shorts (Black)	\$22.00
Sport Shorts	\$22.00
Stockings	\$5.00

Uniform sales are available from
the Canteen between:
7.30am and 2.00pm
excluding

Recess 10.40am - 11.05am
and Lunch 1.05pm - 1.30pm
on **Tues, Wed and Fri** only.

Early Departures

Please be reminded that when writing out an early departure for your child that you put the following details:

Student's Full Name
Date and time
Reason
Signature



TERM 4 ATTENDANCE

All students in Year's 7- 11 are required to attend school until Wednesday 19 December, the last day of teaching for 2018.

If parents are seeking permission for their child to be absent from school for a period of time the [Exemption from School - Procedures](#) should be followed.

PLEASE PROVIDE THE SCHOOL WITH ABSENCE NOTES TO EXPLAIN YOUR CHILDS ABSENCES AND RETURN ABSENCE LETTERS WITH EXPLANATIONS, THAT HAVE BEEN SENT HOME OR MAILED TO YOU ASAP PLEASE.

Mrs M Davies
Attendance Officer

