

# KANAHOOKA HIGH SCHOOL

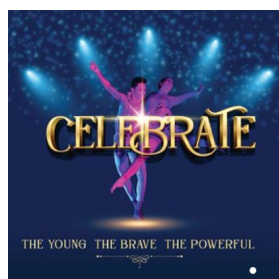
Proud member of Dapto Learning Community and Curriculum Network Illawarra

## *Newsletter* ISSUE No. 3 23 March 2022

### Southern Stars Performing Company

Amelia C, Year 8 and Ruby S, Year 7 were successful in auditioning for the Southern Stars Dance Company. It will be an extra special performance due to missing 2021 so we are very excited!

This is the first time that Kanahooka High School has had two students represent our school in such an elite ensemble of dancers. Please congratulate these girls if you see them around for their exceptional efforts. Well done Amelia and Ruby!



# ENGLISH

Mr James Philpot

Head Teacher English  
and Performing Arts

Years Teaching: 28

Favourite Book:  
To Kill a Mockingbird

Fun Fact: Wants to  
win an OSCAR



Ms Sharon Gann

Music Teacher

Teaching Years: 32

Favourite  
Performance:  
Marvin Gaye–American  
National Anthem–NBA All  
Star Game 1983

Fun Fact: My paid job  
as a teenager was  
breaking in a horse.



Mr Guy Francis

English Teacher

Years Teaching: 32  
Yikes!

Favourite Book:  
Maisy's Bath time

Fun Fact:  
I don't like heights,  
snakes and rabbits



Ms Alana Hewish  
English Teacher

Years Teaching: 3

Favourite Book: The Seven Husbands of  
Evelyn Hugo by Taylor Jenkin Reid

Fun Fact: I wear contact lenses every day.





# ENGLISH

Ms Caitlin Eady

English Teacher

Years Teaching: 9

Favourite Book:  
George Orwell's 1984

Fun Fact: I have been  
to Disneyland 3 times.



Mr Mathew Howley

English Teacher

Teaching Years: 7

Favourite  
Book:  
100 Years of Solitude

Fun Fact: I have tried  
to organize the same  
wedding four times



Ms Ann Page

English/Dance Teacher

Years Teaching: 9

Favourite Dance Style:  
Musical Theatre

Fun Fact:  
I Grew up in Penrith.  
Go Panthers!!



Ms Isra Constantine  
English/Drama Teacher

Years Teaching: 16

Favourite Play/Musical: Spring Awakening

Fun Fact: I love to travel and have visited  
fifty countries.



# SCIENCE

Learning in Science has been well and truly running over the last few weeks (wet feet and all) across all courses in Years 7-12.

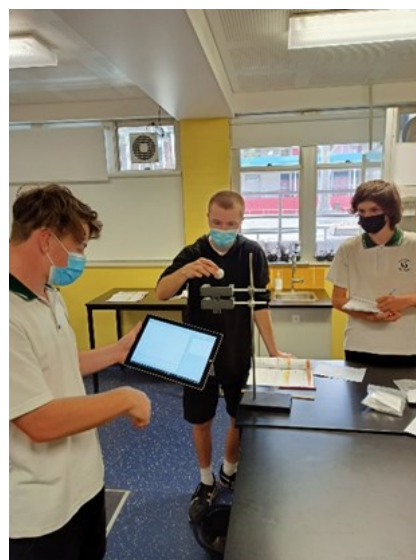
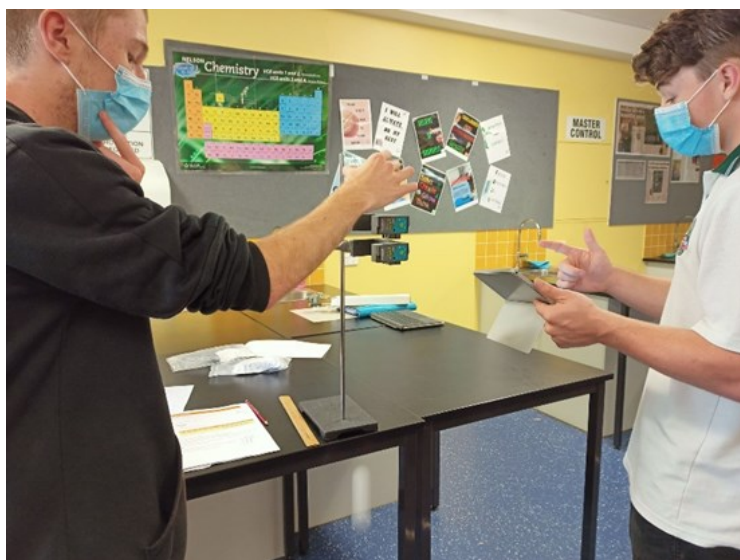
Of note, our new Year 7 students are well underway and have just completed their first assessment task, allowing students to demonstrate their Working Scientifically skills. These are common skills which appear in Science all the way through to Year 10, and then again in each Science course in Years 11 and 12. Year 7 have also reached another key milestone over the last few weeks in learning to safely use and operate a Bunsen Burner – one of the most exciting and critical pieces of laboratory equipment.

Year 8 have completed their first in-class task which allowed them the opportunity to demonstrate their skills, knowledge and understanding of relationships and energy flow within food chains and food webs.

Year 9 have completed their assessment on ecosystems with a particular focus on climate change and data linking human activity to this. This task is a great opportunity for students to build a strong link to the Stage 6 Biology and Earth and Environmental Courses which students can elect to study from Year 11.

Year 10 have also completed their first assessment for the year. This task has allowed students to develop and refine their scientific writing skills, using evidence to support their argument on the potential use of various biotechnologies. This task directly provides students with an opportunity to develop a deeper understanding of concepts covered in Stage 6 Biology and Investigating Science, as well as using evidence to support their arguments – a critical component of all HSC Science courses.

Year 11 Physics have also been well underway in Module 1: Kinematics, learning all about objects in motion and the qualitative and quantitative ways to describe this. Part of this course is designing investigations and modifying them to solve problems. The images below show students from the class using data logger software to use photogates to help determine the acceleration due to gravity on Earth.



Finally, I will leave you with an update from Ms Simpson who has done a fantastic job in coordinating and running a Year 12 Earth and Environmental Excursion to Ulladulla.

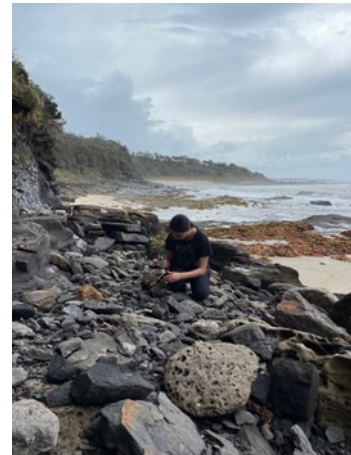
M Gunner  
Head Teacher Science



# SCIENCE

## Year 12 Earth and Environmental Science – Fossil Excursion

The Year 12 Earth and Environmental Science class was fortunate enough to participate in the annual Ulladulla Fossil Excursion. Firstly, we visited Ulladulla Harbour to check out the special 'Gondwana Coast' fossils in-situ on the exposed rock platforms. Then we rolled up our sleeves and managed to excavate dozens of prime specimens of 270 million-year-old Permian fossils at Dolphin Point. Despite the weather forecast, we managed to have a successful and rewarding day. Enjoy some of these photo highlights:



# DEPUTY PRINCIPAL'S REPORT

By way of introduction, I'm Kat Pickering, and I'm delighted to be appointed as Deputy in charge of Years 7, 9 and 11 for 2022. I'm looking forward to getting to know the students in these year groups and helping guide them in their studies.

In their first week of high school, Year 7 students participated in *Operation Welcome*, where they undertook a number of activities aimed to orient them with the school and help them get to know each other better. They have since settled into life at high school and are enjoying the range of learning experiences on offer.

Towards the end of last year, students in Year 9 were provided the opportunity to select two electives for 2022. Class members have been enjoying a broad range of practical and academic subjects, including Physical Activities and Sport Studies (PASS), Dance, IT Timber, Food Technology, Visual Arts, Commerce, and Psychology. These subjects are designed to broaden students' learning experiences and provide a foundation for the future while nurturing their interests and skills.

The majority of Year 11 is currently in the process of commencing HSC courses and completing initial assessments in preparation for the final phase of their high school education. Students completing the graduation pathway have been engaging in courses designed around their interests, such as Creative Woodworking, where they are developing practical skills to help them when they enter the workforce.

Despite interruptions caused by COVID and the disruptions due to the recent storms, we are optimistic for the year ahead. I am enthusiastic about working with the students and parents, and look forward to making 2022 a success.

K Pickering  
Deputy Principal

**Name: Katrina Pickering**

**Position: Deputy Principal Years 7, 9, 11**

**1. What are you passionate about?**

AFL - love kicking a footy and watching other people kick a footy. I'm also passionate about fairness and equality and anything to do with Australia's legal system - just ask my Legal Studies students!

**2. Where did you grow up?**

I'm a 2530 local. I grew up two kilometres from Kanahooka High. I have lived overseas and other places in Australia, but the Illawarra has always called me back.

**3. What is your favourite season of the year?**

Spring. It holds so many possibilities for outdoor activities and the promise of summer to come.

**4. What is your best holiday?**

A cycling tour of Vietnam. Followed closely by a historical tour of a few European cities.





# MEET THE KHS PDHPE FACULTY:



## **Mrs Courtney Jardine**

Head Teacher PDHPE

### ***What is your favourite sport to watch and to play?***

To watch is the NBA and to play is Basketball

### ***Most surprising fact about yourself?***

My sporting career began with gymnastics (Yes surprising, you wouldn't pick it by looking at me) until I quickly learned (A broken leg helped me to do so) that I was better suited to a sporting career in basketball!

### ***Where did you grow up?***

Woonona, NSW

### ***What is your favourite part of being a PE teacher?***

Getting to know our students and their families here in the Kanahooka Community and hopefully making a positive difference in their lives



## **Mr Charlton Kent**

PDHPE Teacher & Sports Organiser

### ***What is your favourite sport to watch and to play?***

To watch is MMA and to play is Cycling

### ***Most surprising fact about yourself?***

I am ranked in the top 40 in the Australian Virtual Cycling Competition!

### ***Where did you grow up?***

Dubbo, NSW

### ***What is your favourite part of being a PE teacher?***

Being in a position to be able to offer sporting and health opportunities whilst educating our KHS students



## **Mrs Amy Fenton**

PDHPE Teacher

### ***What is your favourite sport to watch and to play?***

To watch is Rugby League, to play is Touch Football

### ***Most surprising fact about yourself?***

I have 5 brothers and a sister!

### ***Where did you grow up?***

Kiama, NSW

### ***What is your favourite part of being a PE teacher?***

Having the opportunity to get outside and have fun whilst shaping the minds of our future generation at KHS

## Mr Darren Nunn

PDHPE Teacher

### *What is your favourite sport to watch and to play?*

To watch is AFL, to play is Volleyball

### *Most surprising fact about yourself?*

I was invited to Coach 2x International School Cricket tours in the last 5 years

### *Where did you grow up?*

South West Rocks, NSW

### *What is your favourite part of being a PE teacher?*

Unquestionably, my favourite part of being a PDHPE teacher is helping our KHS students improve their sporting skills and enjoy the wide range of activities available to them.

## Miss Dana Behan

PDHPE Teacher

### *What is your favourite sport?*

To watch is Rugby Union, to play is Powerlifting

### *Most surprising fact about yourself?*

I currently hold two black belts and accreditation with the International Taekwondo Federation (Founded in South Korea)

### *Where did you grow up?*

Balgownie, NSW

### *What is your favourite part of being a PE teacher?*

Having the opportunity to encourage our KHS students to speak up for themselves and advocate for others whilst creating a learning environment where all students feel comfortable to participate and try new activities!

## Mrs Nicole Tate

PDHPE Teacher

### *What is your favourite sport?*

To watch has to be NFL, and to play is Field Hockey!

### *Most surprising fact about yourself?*

I got to hold Alyson Annan's Olympic Gold Medal as a kid

### *Where did you grow up?*

Campbelltown, NSW

### *What is your favourite part of being a PE teacher?*

The interaction and communication I get to have with our KHS students on the sporting field



## Regional Swimming

Congratulations to the following students who represented Kanahooka High School at the South Coast Regional Swimming Championships:

Ruby S, Ruby E, Jasmyn T, Charlotte D, Paxton A, Xavier A, Jessica A, Declan C, Jack C, Lan C Cerise M and Myah M.

From these representatives we are proud to announce Paxton A, Declan C and Jack C are progressing to the NSW CHS State Swimming Championships at Sydney International Aquatic Centre, Olympic Park. We wish them the best of luck!



## Cross Country Carnival

Our school Cross Country Carnival has been scheduled for Friday April 1 2022, in beautiful Kiama.

This is a fantastic day on our school calendar with students completing the run from Jones Beach to Black Beach, taking in amazing scenery along the way.

Students are then able to swim in the ocean pool, participate in a variety of organised activities and visit Kiama Main Street to purchase lunch if they so choose.



Students are reminded to return their permission notes to the marked box in the PE corridor ASAP.

## Sports Selections for Term 2 and 3

All students from Year 7-10 will be participating in the Sports Selections process on Thursday 31 March, to enable them to select their sports for Term 2 and 3.

Students have a choice between **Grade Sports**, where they compete against other local schools, or **Recreational Sports**, similar to those offered in Term 1.

Students who wish to complete the process earlier or who are absent on Sport Selection day, can access the process by logging into their emails through the Student Portal and making their selections, from early Week 10.

GRADE SPORTS		RECREATIONAL SPORTS
<b><u>Senior Boys (9-12)</u></b> <ul style="list-style-type: none"><li>• Soccer</li><li>• Basketball</li><li>• OzTag</li></ul>	<b><u>Junior Boys (7-8)</u></b> <ul style="list-style-type: none"><li>• Soccer</li><li>• OzTag</li><li>• Basketball</li></ul>	Indoor Sports E-Sports Group Fitness Walking for Fitness School Activities
<b><u>Senior Girls (9-12)</u></b> <ul style="list-style-type: none"><li>• Soccer</li><li>• OzTag</li><li>• Netball</li></ul>	<b><u>Junior Girls (7-8)</u></b> <ul style="list-style-type: none"><li>• OzTag</li><li>• Netball</li><li>• Newcombe Ball</li></ul>	
<ul style="list-style-type: none"><li>• Senior Mixed Volleyball (9-12)</li><li>• Open Girls Soccer (7-12)</li></ul>		

A Fenton  
PDHPE



A big congratulations to Alex S (former student) who now has officially joined the Army. We wish him well with his future.





## What's Cooking?

With the new junior kitchen underway, Year 7, 8 and 9 Food Technology classes have been utilising the school barbeques as part of an alternative program.

Once a week, classes get a chance to cook up a meal and eat as a class community.

Some of the delicious recipes students will get to make include toasties, French Toast and hamburgers.

K Minchin  
TAS



## TIMBER

New equipment has been installed in the timber workshops. Students from all year groups have been enjoying sanding the end grain of their jobs on the new disc sanders.

Whilst our senior students have used the new thicknesser to surface plane various lengths and widths of timber being used in their HSC major projects.

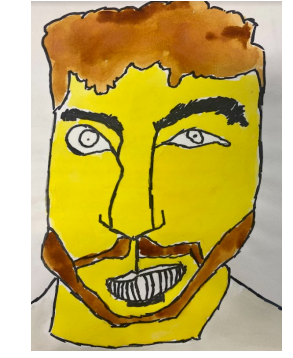
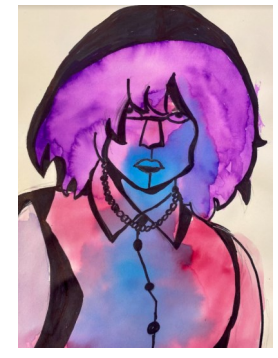
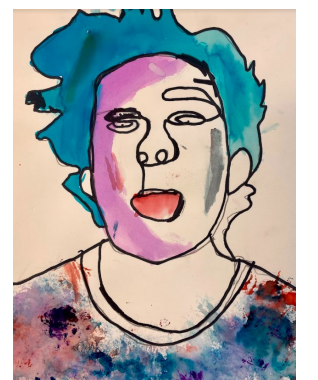
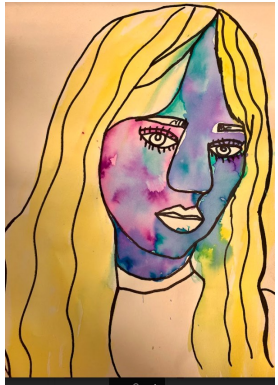
The oscillating spindle sander is used to sand curved profiles in timber components. Year 11 students have been applying this to produce ornate shapes in their grazing plates.

B Howard  
TAS





Year 8 Visual Arts have been creating Portraits and Self-Portraits this term as their first Unit of Study for Visual Arts. Students have created continuous line drawings and watercolour paintings in preparation for their Self-Portrait paintings and collages. Students have been engaging well and enjoying the various practical activities in class.





# STAFF PROFILES

Staff members were asked the following questions about themselves:

1. *What do you like most about your job?*
2. *What are you passionate about?*
3. *Where did you grow up?*
4. *What is your favorite food?*
5. *What is your favorite season of the year?*
6. *What is your best Holiday?*

## Staff Profiles

<b>Peter Gann – General Assistant</b>  <ol style="list-style-type: none"> <li>1. Getting a tangible result</li> <li>2. Surfing and being healthy</li> <li>3. Lake Heights</li> <li>4. Italian</li> <li>5. Summer</li> <li>6. Surfing in the Maldives</li> </ol>	
<b>Russell Kent – General Assistant</b>  <ol style="list-style-type: none"> <li>1. Learning something new every day.</li> <li>2. Life, Golf and Rugby League</li> <li>3. Lake Heights</li> <li>4. Pasta</li> <li>5. Summer</li> <li>6. Great Barrier Reef</li> </ol>	
<b>Joe Floro – General Assistant</b>  <ol style="list-style-type: none"> <li>1. Working with great people.</li> <li>2. Keeping Fit</li> <li>3. Port Kembla</li> <li>4. Baked Dinner</li> <li>5. Summer</li> <li>6. Backpacking around Europe - hard work but rewarding.</li> </ol>	
<b>Randolph Mar – Careers</b>  <ol style="list-style-type: none"> <li>1. Every day is different and its great to have the opportunity to help students.</li> <li>2. Having a go, helping others and Football</li> <li>3. Woonona</li> <li>4. Seafood</li> <li>5. Autumn</li> <li>6. Skiing in Japan</li> </ol>	

# WELLBEING

I have thoroughly enjoyed getting to know the Kanahooka High School community during the last few weeks.

As a school we recently recognised two pivotal events: the National Day of Action Against Bullying and Violence and Harmony Week. The National Day of Action Against Bullying and Violence was held on Friday 18 March 2022. This year's theme was 'Kindness Culture, It Starts With You'. Students on this day were equipped with information about how we can build a kindness culture at our school to be more kind and respectful to others.



As a school, we also took time to recognise Harmony Week, with activities being held on Wednesday 23 March 2022. Harmony Week is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values. Orange is the colour chosen to represent Harmony Week. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.

Students on both occasions, had the opportunity to engage in tailored learning activities and also had the opportunity to undertake recess and lunch activities in relation to the events. It was great to see so many students involved.

I would like to introduce to you Olivia Tate. Olivia is currently working at our school on a Wednesday. Olivia is a trained Speech Pathologist and has been working in coordination with students and their families to further assist students with their learning. In a nutshell, a Speech Pathologist studies, diagnoses and treats communication disorders, including difficulties with speaking, listening, understanding language, reading, writing, social skills, stuttering and using voice. If you would like to know more about this service, please do not hesitate to reach out and request to speak to the Learning and Support Team.

During this term on a Tuesday our Student Support Officer (SSO) Emma has taken the following students: Destiny R, Emmerley B, Izabelle D, Alyana T, Mikayla B, Ruby S, Imogen D, Ariana K and La'keisha S to the Koonawarra Youth Project. Students in Year 8 undertaking this program, have learnt about mental health and wellbeing, positive relationships, self-esteem and body positivity. Students attending the program have always represented our school with pride. Well done to all involved.

A special well done to the Year 12 students who recently attended Camp Yarramundi overnight and to the amazing staff who supported them to make this happen. Every single student on the camp displayed exemplary behaviour. Students were always respectful to their camp leaders and trusted them to help them step outside of their comfort zone. Students had the opportunity to experience obstacle courses, the high ropes course, archery, abseiling and undertake team challenges. Congratulations to all involved.

If you have any questions and/or if there is anything my team can do to provide support, please do not hesitate to reach out.

J Thompson  
Head Teacher Wellbeing, Learning and Support





# NOTICEBOARD

EFTPOS is available at the school office or you can POP online via the school website.



## SCHOOL UNIFORMS

KHS is no longer selling school uniforms at the office.

You can purchase school uniforms at Lowes Dapto.



*Got a favourite song?*

Like to hear it all week?

**Did you know you can request a song for the school bell?**

You can place your requests in the note box located in the Main Office Foyer.



## Early Departures

Please be reminded that when writing out an early departure for your child that you put the following details:



**Student's Full Name**  
**Date and time**  
**Reason**  
**Signature**

## Making Payments for School

POP is now the preferred payment method. Its fast and easy ... details are here →

We can no longer accept payment over the phone.

You can still come in and pay in person if required.



Our school has a new look **online payment page!**

We're now accepting payments for Kanahooka High School via the school's website. To make a payment simply:



Visit our school website on your mobile, tablet or desktop computer  
[www.kanahooka-h.schools.nsw.gov.au](http://www.kanahooka-h.schools.nsw.gov.au)



Select 'Make a payment' from the main page menu



Enter the required student, contact and payment details

Note:  
You are NOT required to provide the 9-digit Student Registration Number.  
You are NOT required to provide the Statement or Invoice Number.



Check your email for a copy of the receipt of payment



Education

# NOTICEBOARD

## MARTIAL ARTS CLASSES

### FOR ALL AGES

Learn a unique powerful and practical Martial Art that promotes health & fitness, confidence, discipline and respect.

Monday & Thursday evenings at  
Figtree Community Centre  
(East)

FIRST CLASS  
FREE &  
20% OFF  
FIRST MONTH

CALL  
VINCE ON  
0421 806  
319

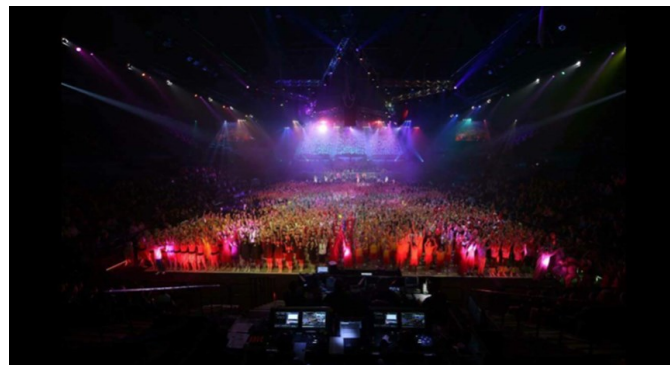


[WWW.ATTACKFITNESSANDMARTIALARTS.COM](http://WWW.ATTACKFITNESSANDMARTIALARTS.COM)

## Southern Stars is BACK!

After a 2-year hiatus (thanks to COVID) the exciting opportunity to be a part of our Southern Stars team is back. If you or any of your friends want to join in, please come down to the CAPA/ English staffroom for more information and or register your interest.

This is always such a wonderful and enlightening experience for every student who participates!



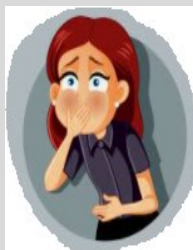
A Page  
Dance  
Teacher



## Not feeling well at school?

1. Inform your teacher
2. Your teacher will send you to the office with a note
3. The Office staff will then call home

**This is the correct procedure.**



### Term Dates

Term One	1/02/22 to 8/04/22
Term Two	27/04/22 to 1/07/22
Term Three	19/07/22 to 23/09/22
Term Four	10/10/22 to 19/12/22