

KANAHOOKA HIGH SCHOOL

Proud member of Dapto Learning Community and Curriculum Network Illawarra

Newsletter

ISSUE No. 1

11 February 2022

Welcome back to school and welcome to our new staff.

I am so glad to be back and catching up with students. With Term 3 2021 being in lockdown and minding my granddaughter in Term 4, I have really missed everyone.

Thank you to Mrs Kerrie Powell as the relieving Principal for Term 4 2021.

What a busy year it will be. We have several new staff and some new programs that we will be implementing to support our students.

I hope you have all stayed safe during these unusual times and I thank you for working with us to ensure we can remain open during this term.



Marc Gunner
Head Teacher Science



Jaclyn Thompson
Head Teacher Welfare



Kate Minchin
TAS Teacher



Jeff McDonell
TAS Teacher



Iris McKenzie
HSIE Teacher



Georgia Blanch
Science Teacher



Lynne Mayo
Administration Officer

PRINCIPAL'S REPORT

More new faces this term ...



Dana Behan
PDHPE Teacher



Nicole Tate
PDHPE Teacher

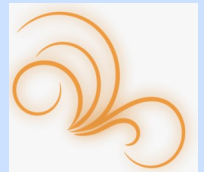
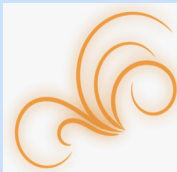


Emma Abbot
Student Support



Chelsea Noakes
Student Support

C Toohey
Principal



School Leaders for 2022



Kayne C
School Captain



Kiersten G
School Captain



Bailey G
Prefect



Brianah H
Prefect

Vice Captains to be advised shortly

YEAR ADVISERS AND DEPUTY PRINCIPALS

Kanahooka High School Year Advisers 2022



Jeremy Wilson
Year 7 Adviser



Ben Rostron
Year 8 Adviser



Matt Rankin
Year 9 Adviser



Allison Hoyne
Year 10 Adviser



Grant Knowles
Year 11 Adviser



Daniel Arthur
Year 12 Adviser



Isra Constantine
Year 12 Adviser

Kanahooka High School Deputy Principals



Adam McKeown
Deputy Principal Years 8, 10 and 12



Katrina Pickering
Deputy Principal Years 7, 9 and 11

SCIENCE

Welcome to the 2022 school year from the Science Faculty!

My name is Mr Marc Gunner and I am the newly appointed Head Teacher Science here at Kanahooka High School. After six years at Warrawong High School and working as Head Teacher Administration, I am thrilled to be joining the Kanahooka community to lead Science education here at the school.

In my short time here, I have thoroughly enjoyed meeting and working with students and it quickly became incredibly clear to me how much potential there is within our student body. I cannot wait to see students continue to be challenged in their learning, making great achievements not only in the written curriculum but also in the “hidden” curriculum.

I have also been incredibly lucky to be welcomed so warmly into such a fantastic group of teachers here at school, and in particular, the Science Faculty. The passion, dedication and hard work that these teachers put in each and every day is astounding. With teachers playing such an important role in so many of our students lives, I would like to take this opportunity to briefly introduce the Science Faculty, with some old faces, and some new.

Favourite food: I could never say no to a quality burger from Chickos.

Favourite subject to teach: Module 7 Fact or Fallacy of the Year 12 Investigating Science course. Such an interesting topic and a great opportunity for students to begin to think outside of the box and challenge what they already know.

Where you went to school and university: I went to primary school at Hayes Park PS before moving to the Albion Park area and studying at the University of Wollongong.

Your favourite thing about being a teacher: The moment students finish their last HSC exam. Seeing the excitement and nervousness for what comes next, but also the pride and relief after finishing so many years of schooling. But, most importantly, seeing students with a look of determination, knowing they are ready to tackle whatever life may throw at them.



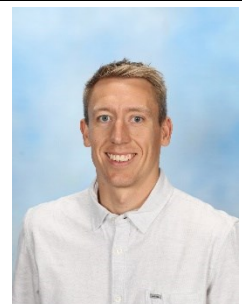
Marc Gunner
Head Teacher Science

Best holiday: Surfing in the Maldives

Favourite food: Pizza (Italian style)

Favourite music artist: Old: Red Hot Chilli Peppers New: Ziggy Alberts

Your favourite thing about being a teacher: Helping students to enjoy learning and create positive memories about their education.



Dan Arthur
Year 12 Advisor

Favourite Science fact: Japanese Honeybees protect their hives by swarming around any hornets that enter their nests and beating their wings to create enough energy to 'cook' the intruder.

Best holiday: I went on a trip around Australia with my parents when I was in primary school and got to visit Uluru.

Favourite subject/topic to teach: Biology - Diseases

Where you went to school or university: Lake Illawarra High School and UOW.



Georgia Blanch

SCIENCE

Best holiday: Three weeks touring Vietnam with 20 university students.

Favourite food: Wings!

Where you went to University: Charles Sturt University, Wagga Wagga

Your favourite thing about being a teacher: The students.



Kylie Dunn
Head Teacher
Teaching & Learning

Favourite Science fact: This finding makes my skin crawl: A healthy human epidermis (skin) is colonised by roughly 1,000 species of bacteria.

Best holiday: Definitely going to Kiribati when I was at school, such an amazing island.

Favourite music artist: One of my favourite artist is Billie Eilish. However, I love the band Sons of the East.

Your favourite thing about being a teacher: To try and tell students that they can achieve anything they put their minds to. And when students believe this, this is my favourite thing about being a teacher.



Rhianon Simpson

Favourite food: Mexican or spicy food

Favourite music artist. - Foo Fighters

Where you went to school or university: I went to Lake Illawarra High School, UOW

Where you grew up: Mt Warrigal/Warilla

Your favourite thing about being a teacher: Helping students improve



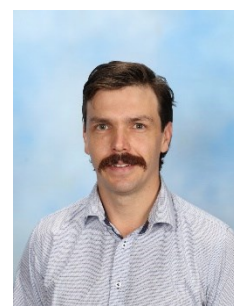
Chris Smith

Favourite Science fact: That the official scientific name of the Western Lowlands Gorilla is simply Gorilla Gorilla Gorilla.

Favourite music artist: I listen to way too many genres of music, but if I had to pick one, Paul Kelly.

Where you grew up: I've slowly made my way up the east of Australia, born in Melbourne, 90% of my schooling years in the southside of Canberra, until I moved to Wollongong to start university.

Your favourite thing about being a teacher: That "light bulb moment" when a student learns something new or finally "gets" a concept that they've been working on, and you can watch everything else fall into place, like watching a domino chain in action.



Tim Windsor

M Gunner
Head Teacher Science



Year 8 Tagging

Last year the Year 8 Visual Arts classes created some fantastic Tag designs. Students really enjoyed learning about this form of Street Art, which we teach in depth in elective Visual Arts classes.



A Bowen
TAS

This enables more students to take advantage of the shade space at the front of the school during break times and before school.

They worked industriously to prepare the timber for each unit, then assembled them and put them in place. They have learnt some valuable skills that they will be able to build on over the rest of the year.



G Olsen
Head Teacher TAS

Kitchen update

The school is upgrading one of the kitchens, known as the junior kitchen. This kitchen will be out of action until at least Week 7, all going to plan.

Students will not miss out on cooking. Junior classes Years 7, 8 and 9 will be operating alternative practical lessons on the school BBQ. Students will continue with the normal units of work for theory.

Year 11 Hospitality class have started some practical skill. They are working on learning all the precision cuts to gain confidence with the knife.



The new kitchen is coming along well. New tiled walls, rangehoods and stoves are ready to be installed when more progress inside has been completed.

Watch this space for the updates!

HSIE

The HSIE faculty are excited to welcome students back for another exciting year of learning. This term Years 7 and 9 will be studying Geography while, Years 8 and 10 will be studying History.

Topics being studied this term:

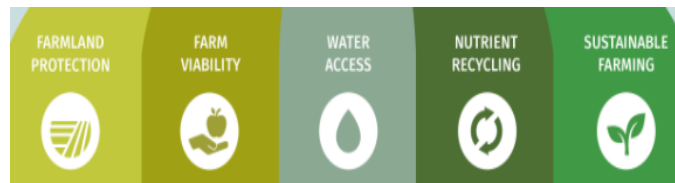
Year 7- Landscapes and Landforms



Year 8 - Shogun Japan



Year 9 - Sustainable Biomes



Year 10 - The Holocaust



The HSIE faculty are welcoming a few new staff members this year, Mrs McKinnirey will be relieving Head Teacher while Ms Pickering is relieving Deputy Principal. We also welcome Ms McKenzie and Mr Edwards.



Iris McKenzie



Erin McKinnirey



Andrew Edwards

E McKinnirey
Head Teacher HSIE

PDHPE

The PDHPE Faculty would like to welcome you all back for the 2022 school year. We are excited to kick off, what is shaping up to be a fun filled year of sport and physical activity. We begin the year with our Term 1 Swimming Carnival, followed by Cross Country, then Athletics in Term 2.

Here at KHS all 3 of our carnivals are whole school compulsory. We focus on ensuring we provide a fun and engaging day for all students, regardless of their athletic ability.

Every carnival gives students the option to participate either competitively with the hopes of qualifying to represent our school at the Southern Illawarra Zone level, or students can come along and participate for fun with their friends.

We also encourage students to challenge their favourite teacher to a race/event at our carnivals (this usually provides a lot of laughs for everyone!) Our carnival dates are as follows:

Carnival	Date	Location
Swimming Carnival	Wednesday 16 February	Port Kembla Pool & Beach
Cross Country Carnival	Friday 1 April	Kiama
Athletics Carnival	Wednesday 4 May	Beaton Park Athletics Track

Our faculty welcomes two new staff for 2022 with both Ms Nicole Tate and Miss Dana Behan joining our dynamic team. Ms Nicole Tate has come from another secondary school in Sydney's South-West and brought with her 15 years of PDHPE experience and a passion for all things sport. Miss Dana Behan joins the KHS PDHPE team after graduating from the University of Wollongong in 2021 and is extremely excited to start her teaching career at KHS. She is on a mission to encourage all of our students to enjoy being active and to feel more empowered within the classroom.

Both Ms Tate and Miss Behan look forward to meeting more of our school community so if you see them around school be sure to introduce yourself and say hello!

The PDHPE faculty would also like to announce Mr Kent as the 2022 KHS Sports Organiser. He will be distributing information via our student and parent portal on any upcoming Knockout Tournaments, Trials and Sporting opportunities for 2022. We have a wealth of sporting talent at KHS in 2022 and our faculty looks forward to seeing our students thrive on the sporting field.

Students that may be interested in participating are encouraged to keep up to date with the information provided to them. We ask them to complete the Microsoft Form being sent out through these portals so we know who to contact when events are on. This is going to be a massive year for Sport at KHS and we cannot wait to watch you give your all.

Learning has begun within the PDHPE classrooms this year with our students eager to start their Term One theory units! Our Year 7 students have kicked off 2022 by looking at Positive Relationships and how starting high school gives them the opportunity to make more meaningful and lasting friendships at KHS. All students have had a great start to the year in PDHPE both inside and outside the classroom. We cannot wait to see how our students will succeed and excel in PDHPE for 2022.

We have a new outdoor gym area that has been constructed over the holidays and is ready to be used across all year groups during PDHPE and Transition Healthy Lifestyles program. It has a range of different gym equipment and exercise machines to challenge all students regardless of ability or age. We look forward to incorporating this fantastic facility into future activities and get everybody working up a sweat.



PDHPE



C Jardine
Head Teacher PDHPE



SENIOR HUB PROGRAM

My name is Mrs Marie Pickering and I would like to take this opportunity to introduce myself as the coordinator of The Senior Hub Program for Year 12 students.

This program, which is unique to Kanahooka High School is being implemented to further support and encourage, our Year 12 students to reach their potential in their final year.

During their study periods, the expectations are that Year 12 students will be in the Senior Hub, where they can complete homework, get help with assessment tasks, time management and study techniques, as well as accessing services to do with careers and their future aspirations.

We will endeavor to support them in whatever pathway they aspire to after Year 12 whether it is an Apprenticeship, Employment, TAFE, Trade Traineeship, University, or other aspect of life after Year 12.



We will also be working with the Career Adviser, Clontarf, and Wellbeing teams to maximise the opportunities for them this year. This support will be available daily.

The Senior Hub area will be refurbished to suit the aims of the program, with student input appreciated.



A consistent approach to schoolwork is fundamental. Each week Year 12 students will be issued with a weekly planner which we ask to be completed throughout the week and submitted each Monday, when they will be issued with a new one.

In addition to help in their study periods we will be offering twice weekly library study sessions, on **Monday** and **Tuesday** afternoons from 2.30pm. Finishing time will be flexible. This time will give them additional support for their schoolwork.

Underpinning this program is the school's objective to ensure every student works to their ability, sets goals, and strives to do their best. We, along with you, hope they enjoy their Year 12 experience, have a school/life balance and be proud of their achievements.

Ms C Toohey
Principal

Mr A McKeown
Deputy Principal Years 8,10 & 12

Mrs M Pickering
Senior Hub Coordinator



LIBRARY

Welcome new students

The Library Faculty welcomes students back to school for 2022. The KHS Library is a world of reading and wonder. Reading books is a wonderful way to assist our health and happiness. Here are some important things to consider as to why we should all take time to read:

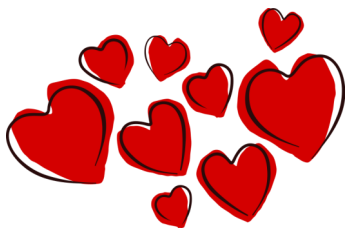
- Reading strengthens our brains
- Reading for pleasure helps with learning
- Reading increases our ability to emphasise
- Reading builds our vocabulary
- Reading helps prevent age-related cognitive decline
- Reading prepares you for a good night's sleep
- Reading helps alleviate symptoms of depression

KHS Library contains an extensive array of fiction and non-fiction books for all reading abilities and ages, including a Senior Fiction Section for Years 11 and 12 students and teachers.

You can explore the history and culture of our First Nation People through the library's comprehensive collection of up-to-date fiction and non-fiction literature.

Manga and Anime fans will love the many popular series available in the KHS Library.

Valentines Day is just around the corner; romance buffs are definitely catered for with a section dedicated to romance and relationships.



DEAR (Drop Everything And Read) has begun within the English Classes. Students are also encouraged to borrow extra books to take home and read at their leisure.

New books are regularly being added to our library collection and we welcome book suggestions from students and staff.

M Cooper
Library

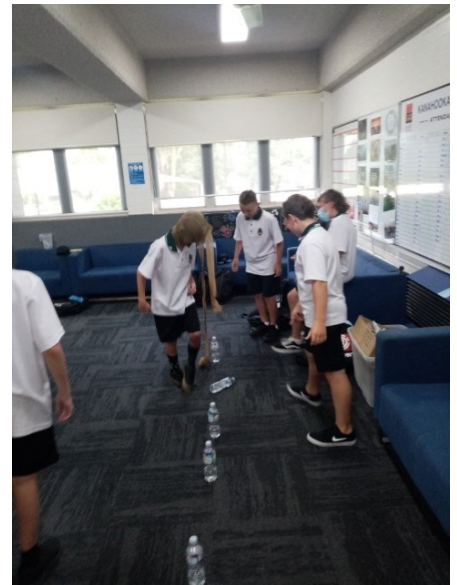


CLONTARF

The Clontarf program is back up and running for 2022.

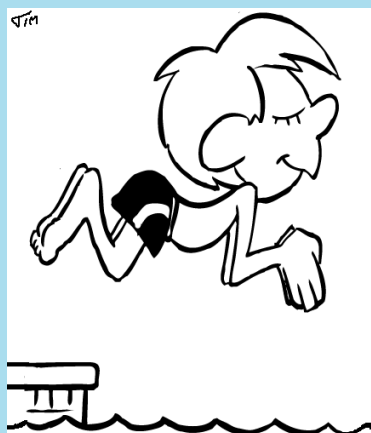
Morning trainings will recommence on Tuesday and Friday mornings from 7.30am.

Camps and activities will be starting up pending Covid restrictions.



M Montague
Director - Kanahooka Academy
Clontarf Foundation

*Don't forget the Swimming Carnival
next Wednesday 16 February at Port Kembla Pool*



NOTICEBOARD

Making Payments for School

POP is now the preferred payment method. Its fast and easy ... details are here →

We can no longer accept payment over the phone.

You can still come in and pay in person if required.



Our school has a new look **online payment page!**

We're now accepting payments for Kanahooka High School via the school's website. To make a payment simply:



Visit our school website on your mobile, tablet or desktop computer
www.kanahooka-h.schools.nsw.gov.au



Select 'Make a payment' from the main page menu



Enter the required student, contact and payment details

Note:
You are NOT required to provide the 9-digit Student Registration Number.
You are NOT required to provide the Statement or Invoice Number.



Check your email for a copy of the receipt of payment



Education

Don't forget to Check in!

A single School Visitor Check-in system is now in place for every school across the state.

The Department of Education has partnered with Service NSW to provide a streamlined, digital school sign-in system for visitors and contractors at every NSW government school.

Benefits of the new system include:

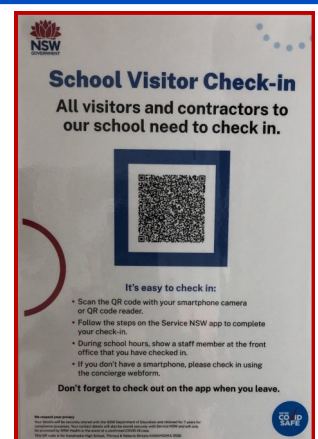
- Accelerating your check-ins to as fast as 20 seconds!
- Linked to NSW Health's COVID-19 contact tracing ensuring every school is compliant with the NSW COVID-19 Mandate

Who can use School Visitor check-in

- Visitors such as parents and carers, contractors, service providers and volunteers.
- Students or visitors under the age of 18 are not required to use School Visitor Check-in.

For more information visit School Visitor Check-in on the department website.

Remember to Check out!



KANAHOOKA HIGH SCHOOL CANTEN MENU FOR 2022



HOT FOOD

MEAT PIE	\$ 3.50	MAC N CHEESE	\$ 3.50
SAUSAGE ROLL	\$ 3.00	TWISTED PASTA BOLOGNESE	\$ 3.50
HAMBURGER	\$ 4.00	BEEF LASAGNE	\$ 3.50
CHEESE BURGER	\$ 4.00	MEATBALL SUB	\$ 2.50
VEGETABLE LASAGNE	\$ 4.00	CHEESE SPINACH WRAP	\$ 2.00
CRUMBED CHICKEN BURGER	\$ 4.00	CORN COB	\$ 1.00
CORN FRITTATA	\$ 2.00	HAM PINEAPPLE PIZZA SLICE	\$ 2.00
PIZZA SUB	\$ 1.00	MEATBALLS ON A STICK	\$ 1.50
SOUP(SEASONAL)	\$ 2.50	HASH BROWN	\$ 1.00
CHICKEN CRACKLES	\$ 0.60	GARLIC BREAD	\$ 0.50

COLD FOOD

HAM SALAD ROLL	\$ 3.50	HAM CHEESE TOM Sand \$3.00 Roll	\$ 3.50
CHICKEN SALAD ROLL	\$ 3.50	EGG & LETTUCE SAND	\$ 3.00
CHICKEN LETTUCE MAYO Sand	\$ 3.00	SALAD BOWLS	\$ 4.00
HAM CHEESE SAND	\$ 3.00	CHICKEN CAESAR SALAD+HAM	\$ 4.00
HOKKIEN NOODLE SALAD	\$ 2.50	CHICKEN CAESAR WRAP+HAM	\$ 3.50

DRINKS

CHOCOLATE MILK 350ml	\$ 2.60	500ml \$3.50	WATER	\$ 1.00
STRAWBERRY MILK 350ml	\$ 2.60	500ml \$3.50	APPLE POPPER 250ml	\$ 1.20
VANILLA MILK 350ml	\$ 2.60	500ml \$3.50	ORANGE POPPER 250ml	\$ 1.20
BARISTA BROS ICED COFFEE 500ml	\$ 3.90		BLACKCURRANT POPPER 250ml	\$ 1.20
GLEE TROPICAL	\$ 2.00		TROPICAL POPPER 250ml	\$ 1.20
GLEE BLACKCURRANT	\$ 2.00		SF COKE 250ml \$2.00 375ml	\$ 3.00
GLEE RASPBERRY	\$ 2.00		LITE MIN WATER RASPBERRY	\$ 2.50
CHOCOLATE UP & GO 250ml	\$ 2.00		LITE MIN WATER BLACKCURRANT	\$ 2.50
BANANA UP & GO 250ml	\$ 2.00		OAK PLUS VANILLA 500ml	\$ 3.50
VANILLA UP & GO 250ml	\$ 2.00		OAK COOKIES CREAM 500ml	\$ 3.50
STRAWBERRY UP & GO 250ml	\$ 2.00		OAK CHOC MALT 500ml	\$ 3.50
OAK PLUS BANANA HONEY 500ml	\$ 3.50		OAK PLUS CHOCOLATE 500ml	\$ 3.50

SNACKS

TZATZIKI DIP	\$ 0.80	APPLE	\$ 0.80
CELERY STICKS	3 FOR 10C	RICE CRACKERS 99% FAT FREE	\$ 0.60
CARROT STICKS	3 FOR 10C	PLAIN CHIPS	\$ 2.00
WATERMELON ON A STICK	\$ 0.30	YOGHURT	\$ 2.00
HOMMUS DIP	\$ 0.70	BERRIES	\$ 0.50
BOILED EGG	\$ 0.60	MUESLI	\$ 0.50
WATERMELON TUB Smf	\$ 1.20	SULTANAS	\$ 0.50
POPCORN	\$ 0.50	CHOCOLATE MOUSSE	\$ 1.00
WEETBIX BITES	\$ 0.60	CHEESE&MULTIGRAIN RICE CRACKERS	\$ 1.00
FRUIT MUFFIN	\$ 1.00	BANANA	\$ 0.80
MIXED FRUIT TUB Smf	\$ 2.20	BANANA CHIPS	\$ 0.50
ORANGE	\$ 0.80	GRAINWAVES	\$ 1.20

ICE BLOCKS

ORANGE FRUIT CUP	\$ 0.80	TNT ICY MONY SOUR WATERMELON	\$ 0.80
APPLE BLACKCURRANT FRUIT CUP	\$ 0.80	FROZEN ORANGE PIECE	\$ 0.10
CHOCOLATE ICY MONY	\$ 0.80	FROZEN YOGHURT STRAW VAN	\$ 2.00
TNT ICY MONY BLUE RASP	\$ 0.80	QUELCH STICK 4 FLAVOURS	\$ 1.00
FROZEN YOG MELON/MANGO	\$ 2.00	TNT ICY MONY RED BERRY BLAST	\$ 0.80

*Items Coloured Red are Occasional items *Items coloured Black are Everyday Items

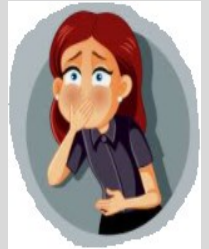
Term Dates

Term One	1/02/22 to 8/04/22
Term Two	27/04/22 to 1/07/22
Term Three	19/07/22 to 23/09/22
Term Four	10/10/22 to 19/12/22

Not feeling well at school?

1. Inform your teacher
2. Your teacher will send you to the office with a note
3. The Office staff will then call home

This is the correct procedure.



EFTPOS is available at the school office or you can POP online via the school website.



SCHOOL UNIFORMS

KHS is no longer selling school uniforms at the office.

You can purchase school uniforms at Lowes Dapto.



Got a favourite song?

Like to hear it all week?

Did you know you can request a song for the school bell?

You can place your requests in the note box located in the Main Office Foyer.



Dapto Hockey Club



Est 1978

2022 SEASON



Dapto Hockey club is conducting a junior try hockey day in conjunction with its registration day.

DATE: Saturday 19th February, 2022

VENUE: Illawarra Hockey Stadium, Waples Road, Unanderra

TIME: 10.00am until Noon

CONTACT: info@daptohockeyclub.com or Wayne Billett (m) 0408 420329

AGES: Juniors 5 -18 years

The day is free and the club will provide all the necessary equipment required on the day.



Early Departures

Please be reminded that when writing out an early departure for your child that you put the following details:



Student's Full Name
Date and time
Reason
Signature