

KANAHOOKA HIGH SCHOOL

Proud member of Dapto Learning Community and Curriculum Network Illawarra

Newsletter

ISSUE No. 7

28 May 2021

It's a Fierce Competition

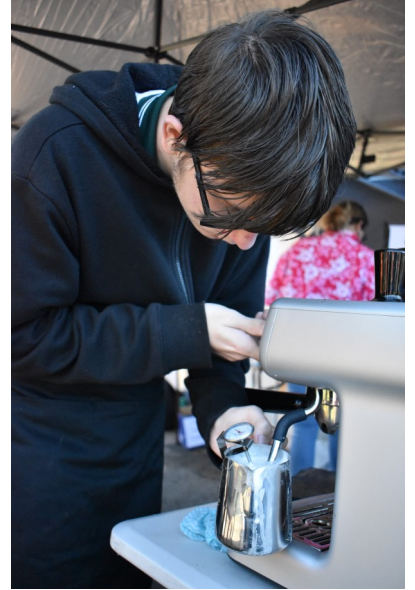


On Friday 14 May KHS held its annual Athletics Carnival. We arrived at Beaton Park for a brilliant day of racing, throwing, jumping and fun activities. The day was enjoyed by both staff and students, with some incredible results.

A few star performances came from staff, particularly Insane Bolt (Mr Smith) who was tipped to win the 100m sprint; but fell short in the last 20m. Mrs Lewis had a great performance in the 17+ girls long jump, clearing 2.12m and taking out 4th place. The staff vs student tug of war was another highlight of the day with the whole school stopping to watch teams go head-to-head.

32 Robert Street, Dapto 2530
Telephone: 4261 4011

ATHLETICS CARNIVAL



A big thank you to our Transition Centre students and staff, who made an incredible selection of baked goods and warmed people all day with hot coffees.

A big thanks also to the Year 11 students who put on a BBQ for the day.

Athletics Age Champions 2021

	Girls	Boys
12 Years	Paige D	Harley T
13 Years	Tiahna J	Cody E
14 Years	Marliyah S	Jayden M
15 Years	Tiarne H	Drew E
16 Years	Jasmine K	Jayden K
17+ Years	Brittany W	Riley C

The Zone Athletics carnival is scheduled for the 8 June.

Please check the PE noticeboard for zone qualifiers. Permission notes will be available from the PE staff room in the coming days. Good luck to all the students who will be participating!



PDHPE



*Farewell Athletics Carnival...
see you next year!*



This coming June, the PDHPE faculty, including our Praccies, have signed up to complete 3,318 push ups in solidarity with mental health!

Over the month of June, we will be completing push ups every day to raise money and awareness for mental health, with all proceeds going to headspace Wollongong. Anyone keen to donate to the cause is able to through a team link that will be available when the challenge begins!

If you are unable to donate, moral support and taking on some of the PDHPE staff push ups will still go a long way. ONE WEEK TO GO! Wish us luck as we #PushForBetter!

Helping Australia
#PushForBetter
Mental Health

3318

25 DAYS

E Leonhardt
PDHPE

THE
PUSH-UP
CHALLENGE

June 1 - 25
#PushForBetter
Mental Health

3,318 push-ups. **25 days.**

www.thepushupchallenge.com.au

Proudly supporting

PUSH FOR BETTER Foundation headspace Lifeline

DEPUTY PRINCIPAL'S REPORT

We have just reached the halfway point of Term 2 and there is lots happening across the school during the next five weeks. Please check the Sentral Calendar which can be found on the school website, to keep up to date with school events.

In Week 7 we have our school photos as well as student reports that are currently being written by teachers. Our Parent Teacher nights will be later this term with the Transition Centre Open Door Event on Tuesday 8 June and the 7-12 mainstream Parent Teacher Interview Night on Wednesday 23 June.

Focus on Attendance

You will notice in Kanahooka High School's Strategic Improvement Plan 2021-2024 (formally known as the School Plan) that student attendance is firmly embedded in our Strategic Direction 3: Successful Learning Environments. As a result, you will notice a renewed focus on attendance at the school.

Regular attendance is essential for students to achieve quality life outcomes and schools, in partnership with the community, are responsible for promoting regular attendance. The wellbeing team is closely monitoring student attendance on a fortnightly basis, and students who are identified with concerning attendance patterns will be followed up with a range of supportive actions which may include: phone calls home, requests for parent meetings, Wellbeing and Learning Support Team support, Attendance Improvement Plans, referrals to the School Counsellor and external support services. I would like to commend Mrs Davies, Administration Officer, for her work each day in supporting attendance processes at Kanahooka High School.



Uniform

As we enter the cooler months of the year it is important that students are prepared each day wearing appropriate school uniform. We've already had some cold, wet and windy days this term and students are reminded that jumpers, hoodies, and pants must be plain black and have no logos. If any student requires support for their uniform, they are encouraged to see their Year Advisor or Deputy Principal.



A Kalsow
Deputy Principal Stage 4



DEPUTY PRINCIPAL'S REPORT

EVENT	7-12 Mainstream Parent Teacher Interview Night	Transition Centre Open Door Event
DATE	Wednesday 23 June 2021	Tuesday 8 June 2021
TIME	3.00pm -5.30pm	Session 1: 11.20am - 1.00pm Session 2: 4.00pm - 5.45pm
LOCATION	KHS Library – Robert Street Entrance	Transition Centre – Thirroul Road Entrance
HOW TO BOOK	Opens 7 June Via 'Interviews' on the Sentral Parent Portal .	Call and book through the Transition Centre on 42614011

SENTRAL PARENT PORTAL

Use the QR Code or the website to access the parent portal online.

<https://kanahookahs.sentral.com.au/portal2/#!/login>

Or download the app on Android or iPhone:



How to register on the Sentral Parent Portal

Access keys were sent out at the beginning of the year. If you have not yet registered an account, have misplaced or did not receive your parent access key, please contact the school on 4261 4011.

Details for registering to the Parent Portal are available on the **KHS website**, use the link or the QR code provided;

<https://kanahooka-h.schools.nsw.gov.au/sentral-parent-and-student-portal.html>



C Cohen
Deputy Principal Stage 5



Stage 6 Construction

Year 11 and 12 VET Construction classes have been putting their skills into action through the production of group projects in different areas of the school.

The Year 11 Construction Class putting the finishing touches on the raised garden beds for the Stage 4 Technology Mandatory for Agriculture students to grow their vegetables and herbs in.



The Year 12 Construction Class are working on additional sheltered seating for the school playground.



Year 9 Food Technology

Students are looking at healthy eating and were introduced to BUDDHA bowls. This was a success for some, as there was a lot of healthy food that some students were not used to but most of the students enjoyed it.



Year 9 Healthy Snack Assessment Task students made some creative snacks.

Year
9



S Chambers
TAS

Year 11 Hospitality

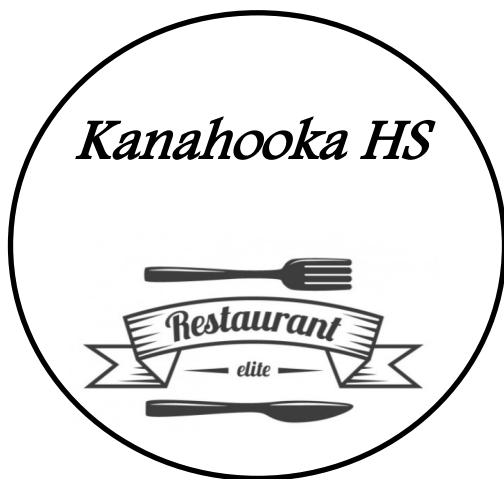
Year 11 Hospitality are continuing on with their practical application: Use equipment safely to prepare foods. In this lesson, the students learnt about batters and sweet sauces. They made: crepes with banana and chocolate sauce served with vanilla ice cream.



Year 12 Hospitality

Year 12 Hospitality continue on with their practical assessments. One practical assessment is Serve Food and Beverages.

The students run a restaurant once a fortnight at lunch and set up tables, greet customers, take orders, serve food and beverages, present bills and clean up. Teachers and senior students are invited to the lunches and they thoroughly enjoy the experience.



Stage 4 Technology Mandatory Textiles Felting Project

The students learnt about different textiles, simple sewing techniques and then completed a felting project with appliques to make a small potpourri pillow.



Biggest Morning Tea — the biggest success!

A huge shout out to all the lovely KHS SASS staff for hosting our Biggest Morning Tea ever.

Wednesday 26 May at recess, staff attended a smorgasbord of home baked savoury and sweet treats that were delicious.

We had winners from Pick A Tea Cup and the raffle.

Staff were able to order coffees from our Transition students who were very professional with their brewing and serving skills.

With support from KHS staff contributing towards this amazing cause we raised funds of \$2000.00.

From all the SASSy ladies at KHS, we thank each and everyone of you from the bottom of our hearts.





There has been plenty of activity in the Clontarf program the last few weeks with trips to Sydney for the NRL, a work site visit to Blackwoods to see employment opportunities and afternoon cooking classes.

The Clontarf boys have also been pushing through the cold mornings each Tuesday and Thursday for the morning sport sessions.



M Montague
Clontarf



UPCOMING EVENTS TERM 2

- May 27 to June 4 - National Reconciliation Week
- June 2 - School Photos
- June 3 - Mabo Day
- June 8 - School Photos catch up day
- June 9 - Year 10 Immunisations in the Library

LIBRARY AFTER HOURS



WHERE
Corrimal Library
15 Short Street

WHEN
5:30pm-7:30pm
Thursday 18 February
Thursday 15 April
Thursday 17 June
Thursday 19 August
Thursday 21 October
Thursday 16 December

WHERE
Wollongong Library
41 Burelli Street

WHEN
6:15pm – 8:15pm
Friday 19 March
Friday 21 May
Friday 16 July
Friday 17 September
Friday 19 November

BOOKINGS ESSENTIAL
Book online via our website or Eventbrite

For more information please call:
Corrimal Library - (02) 4227 8179
Wollongong Library - (02) 4227 7414

Wollongong City Libraries is proud to host:

LIBRARY AFTER HOURS

A free session for families living with autism or other sensory needs which includes a range of fun children's activities, borrowing, or just chilling out. Explore collections, activities and get a sneak peak 'behind the scenes' after hours.

You can participate in as many or as few activities as you like, or just visit the library.



WOLLONGONG CITY LIBRARIES

www.wollongong.nsw.gov.au/library

Your library your place

Black Box Parenting



BOOKINGS ESSENTIAL

This program supports parents expand their existing knowledge of a range of parenting challenges after disruption in family life due to loss, family violence or trauma

Topics include:

- how past experiences affect parenting
- building on your parenting skills with increased confidence
- managing child's behaviour and understanding emotions
- developing a positive relationship with your child
- self care for parents

When

Thursdays (fortnightly)

April 29
May 13, 27
June 10, 24

10:00am - 12:30pm

Where

St Mark's Anglican Church
429 Crown Street,
Wollongong 2500

Bookings and information
Jessica 0439 474 154
Kerry 4254 1600

This is a free course.
Child care is not available.

This program is a joint initiative between Anglicare and Illawarra Shoalhaven Local Health District.



A big thanks to the students who raised funds on Saint Patrick's Day.

The \$108 raised has been donated to The Biggest Morning Tea, boosting the total to over \$1500.

Well done!



Got a favourite song?

Like to hear it all week?

Did you know you can request a song for the school bell?

You can place your requests in the note box located in the Main Office Foyer.

