

# KANAHOOKA

## HIGH SCHOOL

Proud member of Dapto Learning Community and Curriculum Network Illawarra

# Newsletter

ISSUE No. 9

11 September 2020

## Premier's Debating Challenge



Our Year 8 Debating team had their first of four debates for the Premier's Debating Challenge last week. Their first debate was against Dapto High School.

The team consists of five of Kanahooka High's finest persuasive speakers: Lahnee A, Tameca-Lee A, Aleisha M, Lyndon S and Aidan T.

The team showed great commitment in the lead up to the debate, using their lunchtimes and after school hours to prepare. They were given their debate topic and had one hour to prepare for their debate.

External help is not allowed during this preparation time, and only a dictionary, stopwatch, pens and paper were permitted in the room.

The topic chosen for the debate was: Feedback instead of grades should be given to students in Years 8 and below. Kanahooka High School was allocated the negative side.

The team did a commendable job of persuading the adjudicator that grades were more effective and beneficial for teachers and students alike, however, Dapto High had some strong rebuttals and arguments for the affirmative and won this debate.

I am extremely proud of the team's commitment, teamwork and enthusiasm. I look forward to their next debate for the Premier's Debating Challenge!

I Constantine  
English Teacher



Robert Street, Dapto 2530  
Telephone: 4261 4011

## Year 11 Dance

This term in Preliminary Dance our students have been working really hard in preparation for their final Year 11 exams. They had both a practical and a theory side to complete with some choosing to major in Performance and some in Composition. There was also a written exam where they had 90 minutes to write two essays on two professional works performed by international dance companies. This task was the final one before they embark on HSC Dance and was a great test on their ability to juggle the expectations of a senior Dance student. Overall, through the work ethic, creativity and support of one another they have demonstrated some exceptional potential to excel in HSC Dance 2021.

Wishing all of Year 11 good luck as they start Year 12 next term, as not all of them are pictured here.



A Page  
Dance Teacher

## Anti-Racism Contact Officer (ARCO)

In line with NSW DoE policy, all forms of racism are unacceptable at Kanahooka High School. No student, employee, parent, caregiver or community member should experience racism, including direct or indirect harassment within the learning and working environments of the department.

**RACISM  
HURTS  
EVERYONE**

A member of staff in all DoE public and high schools must undergo training to become the school's ARCO. I have taken over the role this year and was previously the ARCO at another school. I also lead the training of ARCO's across NSW.

The ARCO's role has four main aspects as follows; mediator role, procedural role, educational role and monitoring role. Most importantly, Kanahooka High School staff will continue to promote acceptance of, and respect for, Australia's cultural, linguistic and religious diversity. Anti-racism education is taught in our classrooms directly and indirectly and we make every effort to ensure our school is free from discrimination.

As the ARCO, I can support staff, students, and any member of the school community who wishes to raise a complaint of racism or just talk about their experiences of racism as a target or bystander.

In 2021, Kanahooka High School will be one of six schools across NSW to participate in a pilot project on Leading Multicultural and Anti-Racism Education to further develop our own anti-racism education.

R Cartwright  
Librarian

# DEPUTY PRINCIPAL'S REPORT

For the rest of the year I will be assuming the role of Stage 5 Deputy Principal. The Science Faculty is now in the capable hands of Mr McKay and I am sure they will continue to do many amazing things. I am looking forward to working with all Stage 5 students and their families, to ensure we have students engaging in quality learning. If you have any concerns please do not hesitate to contact me.

This week Year 8 and 9 have selected their elective subjects for 2021. If you haven't already done so, please make sure your parents/carers sign your selection sheet and return the note to the box outside my office, as soon as possible. Year 10 Students are also working through their subject selection process for their HSC for 2021-22. If you have any questions in regards to this process, then please speak to Mr Bird.

Make sure you are regularly referring to your Assessment Booklets issued earlier in the year to keep yourself ahead of the game. If you have lost these, they can be found on the student/parent Sentral portal. It is important to communicate with your teachers if you are having difficulty with a task, as well as keeping organised and on top of your school work. These skills are essential for not only an important foundation for your senior years of study, but also your future career.

There are a number of big movements ahead of us over the rest of the year. We have recently moved Kullillah into a new room, whilst these renovations begin. Stay tuned for some more information, there are a lot of changes to come and some exciting movements for the PDHPE, English, Support Unit and Kullillah faculties.

As we approach the end of the term, it is a reminder to keep your foot on the pedal. It's the little things that make all the difference in the long run. It is important that you are following the teacher's instructions and fully engaging in the lessons.

Of late we have noticed a slip in the uniform, so you are reminded to ensure you are wearing the correct school uniform. It has been a challenging year for everyone, but now is the time to keep working hard and maintaining your focus.

C Cohen  
Stage 5 Deputy Principal

**"If you make your bed every morning you will have accomplished the first task of the day. It will give you a small sense of pride and it will encourage you to do another task and another and another. .??. And, if by chance you have a miserable day, you will come home to a bed that is made - that you made - and a made bed gives you encouragement that tomorrow will be better."**

~ WILLIAM H. MCRAVEN



**Parent Portal and App**

The Sentral for Parents portal and app keep you connected to your child's education. Kanahooka High School is now using the Sentral Parent and Student Portal.

If you have not already set up your account and received your Family Access Key, please contact the school.





# SUPPORT

## What's Cooking in Support?

Support have been cooking up a storm this term, learning essential skills for creating meals at home on a budget. They have been able to select recipes and use money mathematics to make the most delicious, nutritious and cost effective meals possible for their classes to share.

Stage 4 took food orders from staff for burgers, cooked them and used their excellent customer service skills to deliver them. All of this required them to plan and budget.

Stage 5 made an assembly line to make delicious mini pizzas for their class and staff. They have been working on budgeting in mathematics and were able to apply these skills to TAS.

Stage 6 have been making affordable lunches. This week they made café style toasties with mustard and all. This required them to use a variety of practical cooking skills, which they can possibly utilise in their future workspace and home lives!



## Creating Chances

After a successful coaching session at Hayes Park Public School earlier this month, KHS Creating Chances students were given the opportunity to continue to develop their leadership skills on school grounds.

Our student coaches had a great time working alongside their peers in the Support Unit to fulfil the coaching requirements of their course.

A big thank you from our Creating Chances students to their peers in S4 and S5 for helping make such a fun day. Looking forward to more sessions in the coming weeks.



# SUPPORT

## Friday Meet Up

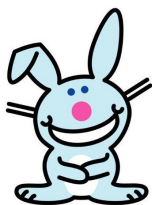
In the Dance Room at recess each Friday Mr Rostron runs fun social activities with students that help build skills for forming relationships and trust.



## Jose Update

Jose has been fitting into his role very well, entertaining students with his quirky attitude.

He has been delighting students by chasing soccer balls and having his head scratched.



## Art

Stage 4 have been researching ancient Egyptian art and hieroglyphs and are working on creating clay Canopic jars with their knowledge.

Stage 5 is researching countries and cities from around the world and putting icons and features of that country inside an illustrated letter. They are looking great!



J Burns  
Head Teacher Support





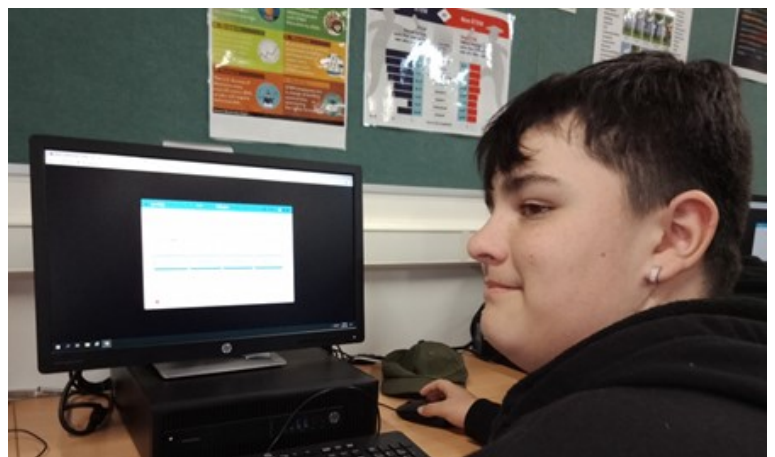
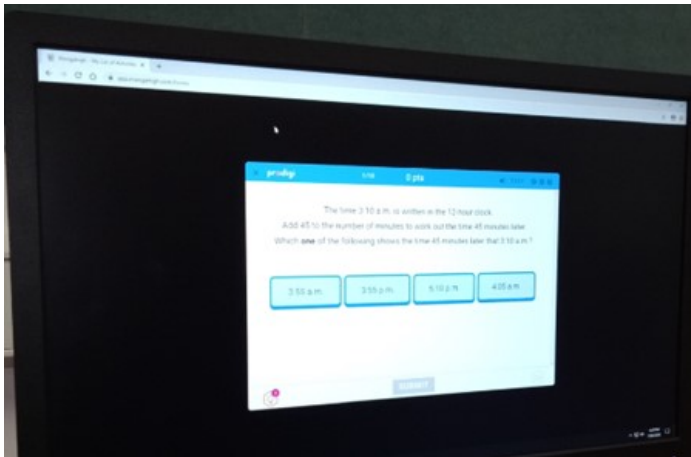
# MATHEMATICS

During isolation with COVID-19, we were able to access the Mangahigh site which is a platform for setting tasks and playing games for all students free of charge. Given the nature of the challenges faced with online learning, the department organised for schools to access this site for the remainder of the year.

All tasks are aligned to the Australian curriculum and are an excellent way for students to engage with their learning. The tasks will adjust their level depending on students correct answers. This would be a great site for junior students to use for revision for their examinations next term. They can see their Maths teacher to get their logins and passwords.

My Year 7 class, 7MATV, have used this site over the last couple of lessons. They have been busy completing tasks to do with time. I am able to view their progress with the tasks I have set. They can work on individual tasks by looking at all the resources, which some students have already done.

I intend getting my Year 9 and 10 classes working on the site before their exams. It's all fun and games in Mathematics!



A Hood  
Mathematics Teacher



# MATHEMATICS

"I am inspired by the success of others"

"I'm using mistakes to help me grow"

"I like to try new things"

## GROWTH MINDSET

"Challenges help me grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"Failure is an opportunity to grow"

DEVELOP A

## GROWTH MINDSET WORKFLOW

with Mangahigh.com



**MANGAHIGH**  
westermann

"When I'm frustrated, I just give up"

"I keep getting it wrong. I can't do this!"

"I'll just stick with what I know"

## FIXED MINDSET

"I don't like to be challenged"

"This is just the way I am. I can't do anything about it"

"I'm either good at it, or I'm not!"

"Failure is the limit of my abilities"

**"Challenges help me grow..."**

Questions on Prodigy progressively get harder. Start at EASY, then MEDIUM, HARD and EXTREME. See your talent grow over time!

**EASY**



**MEDIUM**



**HARD**



**EXTREME**



**3 CORRECT ANSWERS IN A ROW** to move up a level

**2 INCORRECT ANSWERS IN A ROW** move down a level

**"I'm using mistakes to help me grow"**

Click on the red boxes, learn from your mistakes, before trying again.

**"I am inspired by the success of others"**

**"Feedback is constructive..."**

Click on 'Show Solution' to review your mistakes. Write down the solution in your notebook, to help you get it right next time!

**"My effort and attitude determine my abilities..."**

**DON'T GIVE UP...PLAY AGAIN!**

It usually takes several attempts to pass an activity:

1. Attempt each activity 3+ times and see yourself grow!
2. Every time you 'play again' you get a different set of questions - starting from the level you have reached previously
3. Gradually work your way up to the Hard and Extreme questions so you can pass (Bronze medal)

**"I like to try new things..."** Don't just play the Games! Combine Games with Prodigy:

- Games are great for developing fluency and automaticity
- Prodigy quizzes help you develop conceptual understanding and reasoning

This helps train different 'parts' of your brain - automatic, and deep problem-solving thinking.

Game: PINATA FEVER



PRODIGY Adaptive Quiz




**B** Aim for a Bronze medal to pass the activity.

To do this...


- answer at least 3+ Hard questions correctly
- get at least 4200 points

**YOUR SCORE: 4,200**

YOU WON A BRONZE MEDAL



CLICK ON THE SQUARES TO REVIEW QUESTIONS




**S** Challenge yourself to upgrade to a Silver medal.

To do this...


- answer at least 3+ Hard questions correctly, and remainder in Extreme
- get at least 9000 points

**YOUR SCORE: 11,300**

YOU WON A SILVER MEDAL



CLICK ON THE SQUARES TO REVIEW QUESTIONS



**G** Push yourself further and earn the ultimate Gold medal.

To do this...

- aim to answer all 10 Extreme questions correctly
- get at least 14,000 points

**YOUR SCORE: 14,000**

YOU WON A GOLD MEDAL



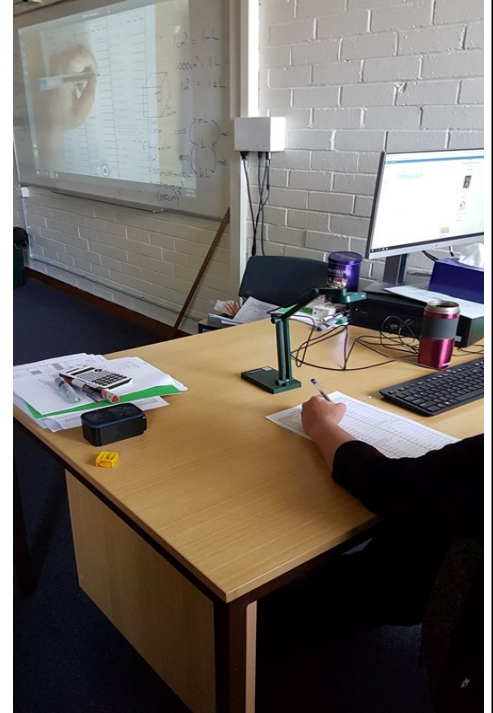
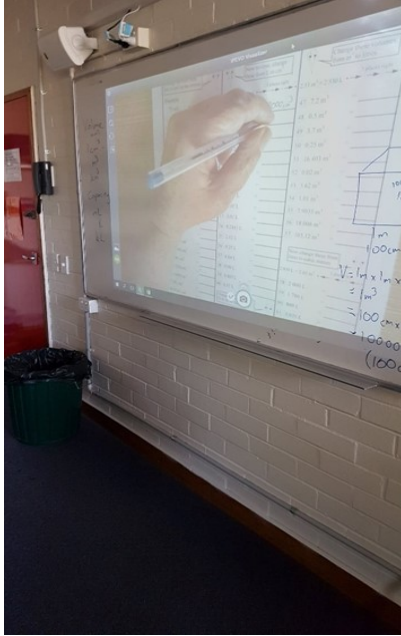
CLICK ON THE SQUARES TO REVIEW QUESTIONS





# MATHEMATICS

The Mathematics department has just acquired new technology to support quality teaching and learning. Mrs Heffernan is demonstrating how our **new Document camera** can be utilised in the classroom. As you can see, the teacher can sit at her desk with the relevant worksheets placed below the camera and with, the magic of the internet, the image can directly be seen on the whiteboard. The teacher can then model answers and steps involved in completing problems. Students have found this an engaging way to follow teachers modelling processes and concepts in Mathematics...and the teachers also love it!



G Patane  
Mathematics Teacher

Year 10 have just wrapped up their statistical investigation assessment task. Each student surveyed students across different school years on a topic of their choice, which included fast food habits, smoking and body image. They analysed the responses from the surveys and made some interesting discoveries.

Sebastian C uncovered that on average girls spend significantly more time each day looking at themselves in the mirror. These survey results will surely have real life implications, particularly in the marketing industry.

Great work Year 10!



D Shaw  
Mathematics Teacher



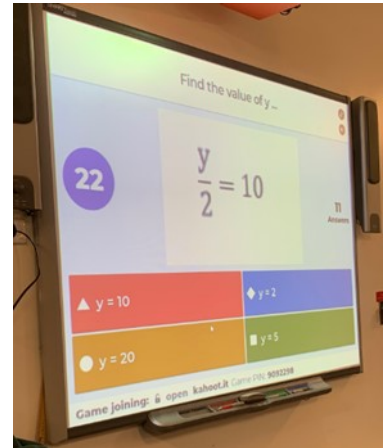


# MATHEMATICS

7MATI, 7MATN and 7MATE have completed their pre and post testing using Kahoot! in Mathematics this term. Kahoot! is an alternative learning resource used to revise and assess topics in Fractions and Decimals, Time and Algebraic Techniques, and is very popular with students.

2020 has been a difficult time for Year 7, not only have they experienced a transition from Primary School into High School, they have had to endure through an extraordinary period of online learning from home during COVID-19 lockdown. It has not been easy travelling through so many obstacles, though Year 7 have shown maturity and determination to succeed. Well done Year 7 for all your efforts!

K Sammut  
Mathematics Teacher

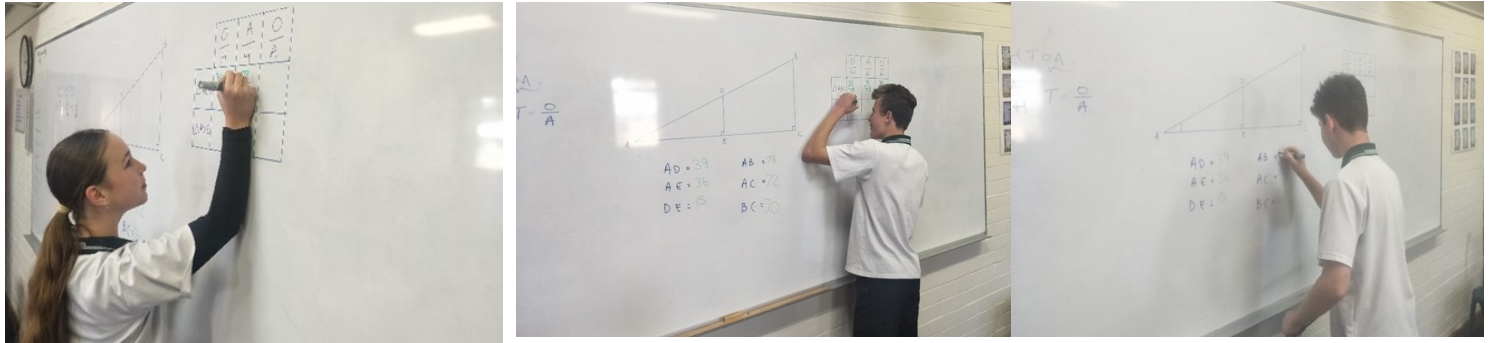




# MATHEMATICS

9K Maths have begun studying Trigonometry for the first time, which is exciting as it is something completely new for them! Trigonometry is a branch of Mathematics that deals with the relationships between the side lengths and angles in triangles. Here we see some students investigating the ratios of different sides of a right triangle in similar triangles.

Trigonometry was first developed by Hipparchus in Greece around 150 BC and was used by astronomers to solve problems dealing with the positions and apparent movements of the stars and planets. Today, it has applications in construction, surveying, navigation, astronomy and engineering.



A Walton  
Mathematics Teacher

## New Art Room coming soon....

Our students will soon be enjoying the new Art room in the 100 block. A big thank you goes out to the following students:

Blake S, Lucas B, Ryan C, Lachlan K, Russell C, Sebastiano C, Blake K, Tyler J and Mason D who have done an outstanding job in assisting in getting the room ready for the Art room fit out.



R Mar  
Teacher Work Education



# KULLILLAH

## Kullillah has a new temporary home!

Students we are open and offering a quiet place for curriculum support, distance education and wellbeing support.

Congratulations to the lovely Courtney V and Mikayla M on the near completion of their studies, there is a troop of people that have supported you and all are proud of your accomplishments. Well done, soon to be Distance ED Grads!

Kullillah Team



## School Counsellor Times

Kanahooka High School's Student Counselling Service is available almost every day of the school week. The service is provided by our School Counsellors, Ms Kostrin and Mr Lindsay, who are both registered Psychologists.

The psychological counselling service we offer is strictly confidential. Parents/ Carers and students can refer directly to the school counsellors or students can be referred by a member of staff with student agreement. These are the days:

Week	Monday	Tuesday	Wednesday	Thursday	Friday
A	Mr Lindsay	Mr Lindsay	Ms Kostrin	Mr Lindsay	Ms Kostrin
B	Mr Lindsay	Mr Lindsay	Mr Lindsay		Ms Kostrin

If we are unavailable, please leave a note with the Kullillah staff. If it is urgent, please see your Year Adviser, Deputy Principal, Mr Ursino or Ms Langlands.



# KULLILLAH

## Fostering your child's wellbeing.

30% of 7-18-year olds report a lack of sleep, high levels of stress and depressive symptoms...

Whilst these figures are concerning, be assured that most young people experience good mental health (social and emotional wellbeing). Most young people can deal with challenges and adapt to change, feel good about themselves, build healthy relationships with others and enjoy life. At the other end of the spectrum, social and emotional difficulties in young people might present as some of the following:

- frequent or intense struggles with their emotions, their thoughts, behaviours, learning or relationships
- trouble calming down after expressing a strong emotion or difficulty controlling their moods and behaviour
- problems with sleeping, eating or difficulty engaging with school and their community
- withdrawn or irritable behaviours, excessive worries

Prevention and early intervention are vital elements in improving adolescent emotional and social wellbeing and helping to prevent the development of mental illness as they journey through adolescence and into adulthood.

Information adapted from Emerging Minds; National Workforce Centre for Child Mental Health

<https://emergingminds.com.au>

Well done KHS on navigating a challenging time.

Kullillah Team

**What can you do?** As a parent/carer you can help your child's social and emotional wellbeing by building their resilience and helping them develop the skills to cope with life's ups and downs:

**Talking it out** Encourage your child to speak up if they're experiencing a tough time, by creating a safe space where their feelings won't be judged. If what they're going through doesn't seem like a big deal to you, keep in mind that it's very real for them, so be supportive and not dismissive.

**Taking a break** Taking an active time-out from something that is causing distress is a great way to refocus thoughts and energy. If your child is having difficulty coping, let them know that taking it easy from time to time isn't being lazy; it's actually very healthy, especially if they've been experiencing a hard time.

**Doing something they love** Engaging in enjoyable activities can help lower stress and put them in a positive mindset.

**Eating well and exercising** It's no myth that physical health has a big impact on mental health. Ensure that your child is eating healthy, nutritious meals that will help their body support them through tough times. Exercise can also help by releasing tension and increasing energy levels.

**Using relaxation techniques** Teach your child some relaxation techniques that can help with relieving stress.

**Engaging in positive self-talk** Let your child know that it's okay to feel good about, and even to compliment themselves on, all their achievements, however big or small.

**Modelling positive coping behaviours** A really great way to encourage your child to develop positive coping skills is to model the behaviours yourself to show them what positive coping looks like. Confide in your child about times when you've found it hard to cope, and share with them the positive strategies that have worked for you. This will not only make them feel less alone, but will also reinforce the importance of seeking help.

Information adapted from ReachOut <https://parents.au.reachout.com/>

The following services provide information for parents/carers on how to support wellbeing and resilience:

	<a href="https://healthyfamilies.beyondblue.org.au/age-13/raising-resilient-young-people">https://healthyfamilies.beyondblue.org.au/age-13/raising-resilient-young-people</a>
	<a href="https://kidshelpline.com.au/parents">https://kidshelpline.com.au/parents</a>
	<a href="https://parents.au.reachout.com/self-help-content">https://parents.au.reachout.com/self-help-content</a>
	<a href="https://raisingchildren.net.au/school-age/behaviour">https://raisingchildren.net.au/school-age/behaviour</a>
	<a href="https://www.parentline.org.au/">https://www.parentline.org.au/</a> Call 1300 1300 52 Parent Line is a free telephone counselling and support service for parents/carers with children aged 0 – 18 who live in NSW.

### If you need further support

If you have more on-going or serious concerns about your child then you can seek support from a specialist via an **appointment with your GP**. If you have any school related concerns around learning, behaviour, emotional regulation, anxiety, mood or social difficulties, then **please talk with your child's year advisor**. A referral to the school psychologist may then take place.

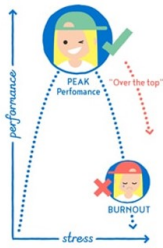


## 5 STEPS to STUDY SUCCESS

We've done the homework on studying so you don't have to. These are your scientifically proven steps to study success.

### 1 NOT ALL STRESS IS BAD

While it's often given a bad rap, the right amount of stress can actually motivate you to get stuff done. The key thing is to recognise when stress has tipped over from being a motivating force to an overwhelming emotion.



### 2 20-MINUTE STUDY RULE

No one can study for six hours straight and be effective. Break up your time into twenty-minute chunks for the most effective use of your brain.



### 3 SAY IT OUT LOUD

The best way to really remember and learn is to talk about what you're learning out loud, without using any notes.



### 4 BREAKS = GOOD. CONSTANT DISTRACTION = BAD

Taking planned and timed breaks will help you remain on task, but checking your social every 5 minutes is a sure-fire study fail. Research shows that it can take up to twenty minutes to refocus on your task once you've been distracted.



### 5 SLEEP IS YOUR FRIEND

If you get a good night's sleep before your exam, you are scientifically proven to retain more of what you studied the day before than if you stay up crazy late.



Year 12, here's to you making the most of the time leading up to your exams. Seek support if needed.

1300 22 4636  
Chat online  
Email us  
Online forums  
Register Login

Get support
Personal best
The facts
Who does it affect?
Get involved
Healthy places
Media
Make a donation

# Looking after your mental health during the coronavirus outbreak

Beyond Blue and Reach Out are some more great resources.

SMILING MIND
Thrive Inside
Our free app
In schools
At home
At work
Mindfulness
About us
Give
Login/Sign Up

## Start meditating today

Thrive Inside is a special program to help you stay psychologically healthy while you're spending extended periods of time at home.

You can find it under Adult Programs

**DOWNLOAD THE APP NOW AND THRIVE INSIDE!**

Download on the App Store | GET IT ON Google Play

Meditation and having and smiling mind are great to try.

For Young People
For Parents
For Schools
About Us
Urgent help

REACH OUT.COM
Topics
Explore articles
Join the discussion
Tools and apps
NextStep
Search
Log in / Sign up

## 10 ways to take care of yourself during coronavirus

Get tips →

## Sporting Success!

A huge congratulations to Toby H who has shown through his basketball success that hard work truly does pay off. Toby has only been playing basketball for just over 2 years. He is now playing in both the under 16's Division 1 and under 18's Division 2 and is currently undefeated.

Last year Toby attended the local Rep trials and was selected for the Junior Illawarra Hawks under 16 Division 1 team. The Southern Junior League would see his team travel to Canberra, Nowra and Albury, often playing 3 games a day. His team also competed in the lead up to the Rep games at the annual Coastal Classic Tournament in Terrigal, a great bonding experience for Toby, being a Rep rookie, playing amongst team members who have all previously competed at a Rep level.

Last month the team were invited to compete in the East Coast Invitational, winning 3 of 4 hard fought games, in one game Toby scored 36 points! Toby is now working towards the 2021 Rep trials being held in October, where he hopes to gain selection and represent the Illawarra again. A big ask as he is still 15, but will have to trial for the Illawarra Under 18's team.

Whether he is training/playing at the Snakepit and UOW or shooting hoops with his mates on the courts at school (where he's often spotted before school practicing), Toby takes every opportunity to learn and develop his on-court skills and knowledge of the game to help him become the best player he can be. The opportunity to play and train with State and National Representative players gives Toby a very broad perspective of all facets of the game.

We wish him luck with his Rep trials and further basketball career.



# CREATIVE

*Wollongong*

12 TO 24 YEARS

**CALL FOR SUBMISSIONS**

## The Grateful Portrait Project

PHOTOGRAPHY EXHIBITION IN THE CROWN STREET MALL  
CELEBRATING THE FESTIVE SEASON

Young people from Wollongong are invited to reflect on what 2020 has been like for them. Submit your portrait and complete the statement "I am Grateful for..."

For further information and to enter visit  
[wollongong.nsw.gov.au/grateful-project](http://wollongong.nsw.gov.au/grateful-project)

Entries close Friday 25 September 2020

wollongong  
city of innovation



# NOTICEBOARD

## LEARNER LOG BOOK RUN

### DO YOU HAVE YOUR L's?

Want to get more hours for your log book?

An opportunity for you and your supervisor to experience a variety of driving conditions to increase safe driver behaviour.

All learner drivers must have 40 or more log book hours

Bookings are essential. Please contact Council for a suitable workshop. See overleaf for contact details.

2020	21 July	6.00pm – 8.30pm	Shellharbour & Kiama
	2 August	9.30am – 12.00 noon	Wollongong
	25 October	10.00am – 12.30pm	Shellharbour & Kiama
	8 November	9.30am – 12.00 noon	Wollongong
2021	21 March	Ultimate Learner Log Book Run 8.30am – 2.30pm (Special event)	Wollongong, Shellharbour & Kiama
	20 April	6.00pm – 8.30pm	Shellharbour & Kiama
	16 May	9.30am – 12.00 noon	Wollongong
	13 June	10.00am – 12.30pm	Shellharbour & Kiama

night run



## LEARN SAFE

Free 2HR workshop for parents and supervisors of learner drivers. Accompanied learner drivers welcome.

Workshops are held by Wollongong City, Shellharbour City and Kiama councils.

To help you with practical advice about:

- Supervising learner drivers
- Completing the learner driver log book
- Providing on road driver practise
- L & P Plate licence laws

Workshops are held from 6pm – 8pm

Bookings are essential

Please contact Council for a suitable workshop

#### Wollongong

4227 7111

rso@wollongong.nsw.gov.au

#### Shellharbour

4221 6124

jenny.davies@shellharbour.nsw.gov.au

Book online: [www.shellharbour.nsw.gov.au/youngdrivers](http://www.shellharbour.nsw.gov.au/youngdrivers)

#### Kiama

4232 0444

council@kiama.nsw.gov.au

2020	13 July	Shellharbour
	ZOOM - Online	
	19 August	Kiama
	1 September	Wollongong
	21 October	Kiama
	5 November	Shellharbour
2021	1 December	Wollongong

2021	22 February	Shellharbour
	2 March	Wollongong
	21 April	Kiama
	24 May	Shellharbour
	ZOOM - Online	
2021	1 June	Wollongong



## Do you need food assistance?

Come and pick up a frozen takeaway meal!



Thursday's  
11am – 12pm

Dapto Ribbonwood Centre  
(Access via Kurrajong courtyard)

NO COST | Limited Meals

Social Distancing Rules apply!

Ph 4262 1918



CareWays community Connected, caring and supportive communities

## Early literacy event

# PAINT THE GONG REaD!

BI-LINGUAL ABORIGINAL DADS, SPECIAL GUESTS, READING

Join BrightSpark, Billy Backpack and our special guest star story tellers for our virtual annual reading day to celebrate Book Week! !

Go to our Facebook page  
<https://www.facebook.com/PainttheGongReaD>



# NOTICEBOARD

## YEAR 7 ENROLMENTS FOR 2021

All enrolment forms for Year 7 2021 are required to be submitted ASAP.

Please bring in your child's Birth Certificate, Immunisation Record and proof of residential address.

We can copy these for you.

Any enquiries please contact Vera Rupa or Zoe Linklater on 4261 4011.

## Get the Newsletter Emailed

Help reduce waste by receiving an electronic copy of the newsletter. It is also a great way to ensure the newsletter does not get lost in transit.

If you would like the newsletter emailed directly to you please advise by phone 4261 4011 or email us directly:

[kanahooka-h.school@det.nsw.edu.au](mailto:kanahooka-h.school@det.nsw.edu.au)

## Got a favourite song?

Like to hear it all week?



Did you know you can request a song for the school bell?

You can place your requests in the note box located in the Main Office Foyer.

## SCHOOL UNIFORM

Just a reminder that we are still selling some items of the school uniform. Stocks are now very limited. Please enquire at the Office.

Lowes at Dapto are now supplying our full uniform.



Free Emergency Dental services with NSW Oral Health Voucher (OHFFSS).



**Dapto Dentists**  
Quality Meets Affordability

**Dr. Mohit Tolani**  
**Dr. Fiona Rana**

**4288 0737**

Shop 4 | 44-52 Princes Hwy  
In the same complex as BWS & Subway

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