

Kana Kares



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Term 3 - Week 8

5 September 2014

KANAHOOKA HIGH SCHOOL IS A PROUD MEMBER OF THE DAPTO LEARNING COMMUNITY



Principal's News

I am honoured to have accepted the Principal position as a permanent appointment. I am proud to continue to work with our strong, dedicated staff that focus on providing rich educational programs for all our students to reach their full potential.

What an amazing term it has been as we move toward the final preparations for senior students.

Year 12 have completed their trial HSC exams and major works have been completed and submitted for marking. I would like to thank all of our HSC teachers and families for supporting the students to meet deadlines, stay calm and be focused for the tasks ahead.

Year 11 will begin their final exams shortly, wrapping up the Preliminary HSC and allowing them to move onto their HSC studies.

Please encourage regular attendance for all students. It is so hard to catch up on missed work.

There is much to celebrate this term. At our SRC Assembly we celebrated a variety of great achievements at Kanahooka High. These include the annual Ski Trip, Year 7 Camp, Education Week, Premier Sports Challenge and our Indigenous Connections Program with Figtree Heights Primary School.

I am amazed at the talent of our students that participated in Southern Stars and thank all the staff involved in organising such an awesome event.

The Science Fair was spectacular!

Please let us know what you think! We value your feedback. You can follow our Facebook page.

I look forward to the very busy end of Term 3 and starting an awesome Term 4.

Ms C Toohey
Principal

Canteen News

The new polo shirt has arrived and is available from the School Canteen for \$20.00.

The Canteen is in need of volunteers. If you can help out please contact Jan in the canteen on 4261 4011.

CANTEEN UNIFORM PRICES

Jackets (Jnr/Snr)	\$30.00
Polo Shirts (with emblem)	\$20.00
Sloppy Joe (Jnr/Snr)	\$20.00
Sports Shirt	\$30.00
Sports Shorts (Unisex Black)	\$18.00
White Blouse (with emblem)	\$20.00
Black Cardigan (with emblem)	\$40.00
Uniform Sales available from Canteen	
between 7.30am and 12 noon	

UPCOMING EVENTS 2014

Tuesday 9 September

- CAFS Excursion to Berry & Kiama
- 14's & 15's Football Gala Day
- Merit Presentation Evening 6pm

Wednesday 10 September

- P&C Meeting 7pm Common Room

Thursday 11 September

- Year 12 Hospitality Night Out

Thursday 11 to Friday 19 September

- Year 11 Examinations

Thursday 18 September

- Year 12 Graduation

Friday 19 September

- Year 12 Mystery Day
- Last day Term 3

Tuesday 7 October

- Term 4 begins

Monday 13 October

- HSC begins

Library News

It has been a busy few terms in the library, with our renovations well under way. We have received and set up brand new non-fiction shelving which is attractive and flexible. The shelves are now on castors, so we can change the configurations, and have increased movement to set up for events that use the library space. We also have new display shelves for the entrance of the library showing what's popular amongst our borrowers at the moment. We are working towards updating our furnishings and the initial impact of the library in the future.



We celebrated Book Week last week, and using the theme *Connect to Reading, Reading to Connect* we brought in some Lego for students to build models. We were very impressed by the students' creativity and especially Lucas Borg, who created all kinds of models for us. Thanks Lucas! Book Week is a celebration of Australian books as well, and the Children's Book Council of Australia awards. I'm happy to say that our students are fantastic borrowers of books and other teacher librarians in the region are always impressed by our fantastic borrowing and returns rates. Thanks to everyone who uses the library and we hope you continue to do so.

Ms M Etheridge

Throsby Youth Leaders' Roundtable

The third annual Throsby Youth Leaders' Roundtable was held on Wednesday 20 August. Student delegates from high schools across the region, including Kanahooka High School shared their ideas and concerns. Following are Matthew Young's thoughts of the day;

'We brought up points that we thought were important to us and we came up with points to improve. The points were:

- Marriage Inequality
- Religious Insecurities
- Pressure at school
- Disability Support

For each of these points we came up with solutions that we could do at school and what Stephen Jones could do in Parliament.'



Science News

This week the Science Faculty had their first annual Science Fair to celebrate the hard work of the students at Kanahooka High School. We had an overwhelming turn out of parents, students and teachers. We all managed to cram into the Science block to show case the students work. Well done to all students, who completed projects and for their presentation on the night. After much deliberation the judges came to a decision crowning Maddison Ahearn-Ramos and Sharna Hutchinson the inaugural winners of the Kanahooka High School Science Fair, and thus the first ones to light the Bunsen Burner trophy. In a close second place, were Alyssa Loveday and Jasmin Murray and in third place Kurt Renshaw. The students' fantastic work is on display in the front office for all to view. The Science Faculty choice award went to Jayden Bright, with a special thanks to Luke Hahn for helping Jayden with his volcano explosion demonstration. Many other prizes were given out on the night.

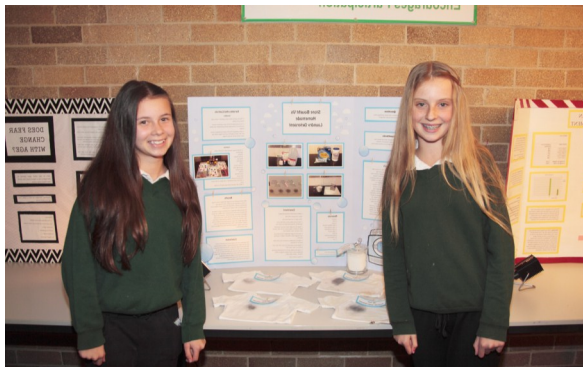
The top ten projects will be selected to attend the University of Wollongong Science Fair in November and students will be notified over the next week.

We would like to thank everyone involved in the night, as without their help, the night would not have been possible. A special thank you must also go to Ms Evitt and her hospitality team for the catering, the student ushers, our judges Judy Bertinato, Ms Toohey, Mr Higgins and Mrs O'Sullivan. Thanks also to our major sponsors, the P&C, Jamberoo Action Park and Hangtime for sponsoring the event.

Finally I would like to thank the teachers of the Science Faculty for all their efforts, and the students who entered the competition. Without them the night would not be possible.

We are absolutely overwhelmed with the number of people who attended and are already in planning to make next year's Science Fair bigger and better.

*Ms C Dove
Head Teacher Science*



NAIDOC 2014

Like every year Kanahooka's NAIDOC Week events are amazing and 2014 was bigger and better than ever.

YARN TIME - Monday

The week started with Indigenous guests from across NSW visiting and talking with over 100 students from across our school about their careers and their life journeys. Students got to YARN with Indigenous doctors, teachers, AIME co-ordinators, managers and elders. As always a big thanks goes out to our guests.

K FACTOR 2014 - Tuesday

KHS Koori students hosted K Factor again. As ever the line-up was amazing with old and new faces strutting their stuff, vying for prizes and their moment in the spotlight. This year there were a variety of acts and in my opinion, like with every year, the competition steps up a notch!

A big thanks to 2013 winner Patrick Kearney and former member and an old time K Factor favourite and member of Scooby Doo & The Gang – Adam Trandafilu for coming back on the night to make K Factor - A Night to Remember.

A huge congratulations to Tyler Kelly who was a founding performer on the K Factor stage and nailed the big time taking out first place for 2014, closely followed by Alana Agostini in second place and Kyle McNamara in third.

GARDEN LAUNCH and SMOKING CEREMONY - Wednesday

What an amazing but windy day Wednesday was. We can never pick the weather but we can always put on a show!! As an added extra to the NAIDOC Week calendar this year, the Indigenous Bush Medicine and Edible Garden located at the front of the school had its official opening with a Smoking Ceremony conducted by Ivan Morris. All students had the opportunity to pass the cleansing smoke of the fire and take part in a very special ceremony that has been performed by Australian Aboriginal people across Australia for hundreds of thousands of years. The significance was about a cleansing of the land and the significance of new life. Big congratulations to all the students and staff who took part in creating a place of learning for future generations of Kanahooka HS.

*Ms J Burns
AEO*



LIFT

A group for men and women who may be feeling or experiencing high levels of stress and anxiety. Participants are able to explore feelings in a safe and friendly environment, challenging negative thinking patterns and discover how to build and improve relationships.

5 Monday afternoons 4pm-6.30pm
3, 10, 17, 24 November & 1 December
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$20 per session

KEEPING KIDS IN MIND

A post-separation parenting workshop. Learn how to deal more effectively with the emotional and practical issues of parenting after separation. Explores loss and grief in parents and children, communication with your ex-partner, anger, assertiveness, power grabs & impact on children.

5 Tuesday Afternoons 12noon-2.30pm
21, 28 October, 4, 11 & 18 November
or
5 Thursday Evenings 6.30pm -9pm
23, 30 October, 6, 13 & 20 November
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$20 per session

KIDS & BULLYING - ACROSS THE SPECTRUM

This workshop helps parents of children with Autism Spectrum Disorder (ASD) better understand the challenges faced by their children when dealing with bullying and cyberbullying. It explores: definitions of bullying, characteristics of an ASD child which may make them more vulnerable to bullying. Warning signs that your child may be being bullied, prevention strategies, resilience, strategies and involving the school.

2 Tuesday Mornings 10am -12.30pm
7 & 14 October
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session

MY KIDS AND ME

A workshop for parents who have had children removed from their care. Assists participants to identify parenting skills, strengths and resources and to develop relationships with their children.

7 Friday Mornings 10am -12.30pm
24, 31 October, 7, 14, 21, 28 November & 5 December
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session

ROLLERCOASTERS 8-12 years

An 8 week program developed to assist children who are experiencing parental separation, divorce or parents who have re-partnered. Rollercoaster helps children to understand change and loss; develop strategies for anger management and problem solving; and understand a whole range of feelings and emotions.

8 Tuesday Afternoons 4pm -5pm
14, 21, 28, October, 4, 11, 18, 25 November & 2 Dec
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session/family

123 MAGIC & EMOTION COACHING

This time tested workshop provides easy to follow steps for disciplining children aged 2-12 years without yelling, arguing or hitting.

3 Monday Evenings 6.30pm -9pm
13, 20 & 27 October
or
3 Wednesday Mornings
29 October, 5 & 12 November
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session

SEASONS FOR GROWTH (Adults program)

This program provides the opportunity for participants to understand and cope with grief and loss and changes that occur throughout life. It educates people about the grief process and assists them to develop skills for coping, problem solving and decision making. The program also builds a peer support network and helps restore self confidence.

4 Monday Afternoons 12noon-2.30pm
20, 27 October, 3 & 10 November
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session

BRINGING UP GREAT KIDS

Parents will learn "mindfulness" techniques to increase awareness of their thoughts & feelings. Parents will learn to be more aware of their children's/teen's needs & how to better respond to their child's behaviour to improve children's self identity. Decrease parental stress & enhance the parent / child relationship.

6 Thursdays
12noon-2.30pm 9, 16, 23, 30 October & 20 Nov
10am-12.30pm on 6 November
CatholicCare, 25-27 Auburn St, **Wollongong**

Workshop Fee: \$15 per session

WORKSHOP BOOKINGS

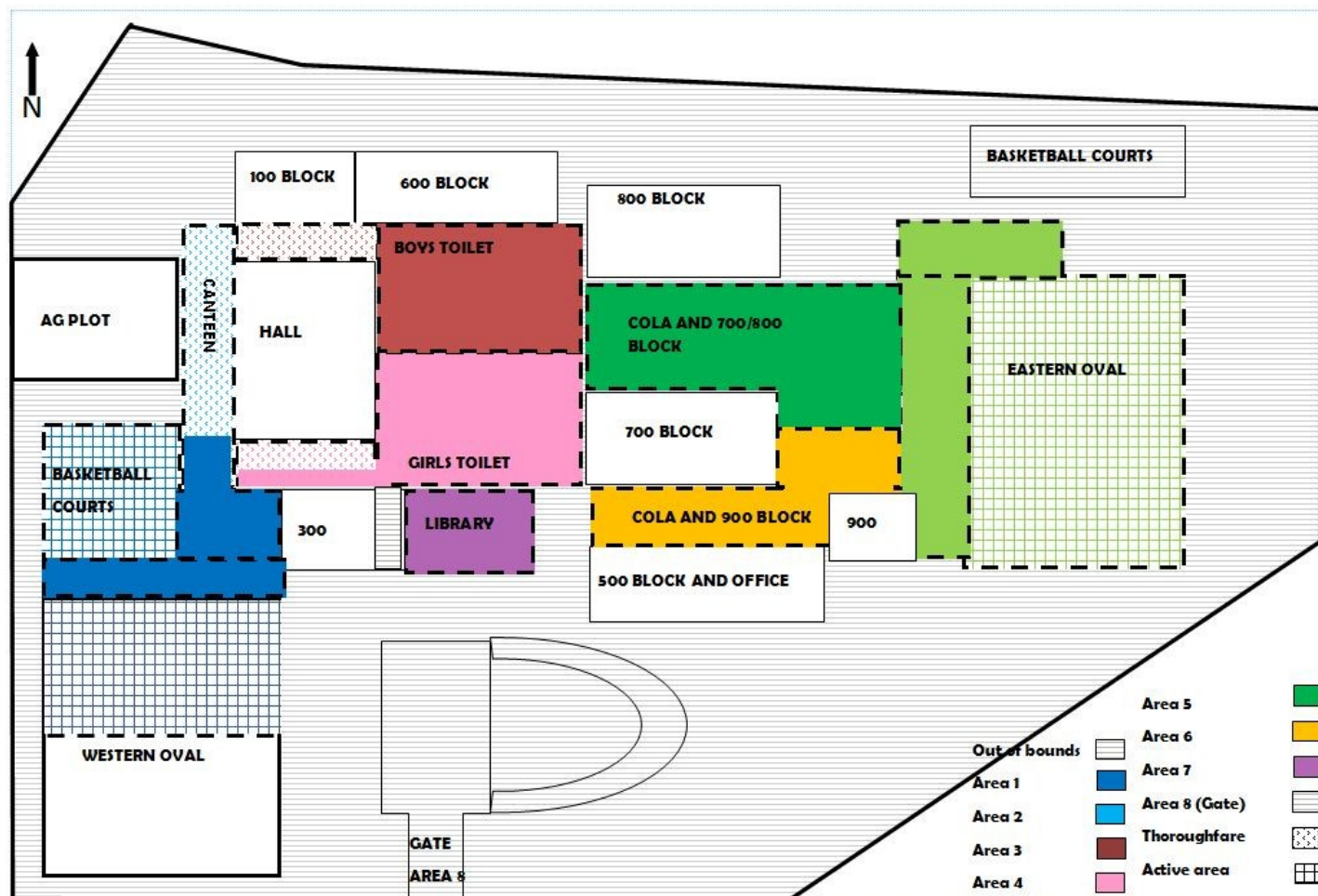
Campbelltown 4628 0044
Wollongong 4227 1122
Nowra 4421 8248



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Current Playground and Out of Bounds Areas



P&C News

The last meeting of the P&C was held on 13 August commencing at 7.00pm with 15 members present.

Reforms to the P&C Federation, the governing body of all P&C Associations, was announced by the Minister for Education, Adrian Piccoli but this will not affect our P&C. The P&C Federation will be the only body to undergo restructuring. An Administrator will oversee the Federation until a new governing body is elected which should be in place in Term 4, 2014.

The P&C has donated \$334 towards prizes for the School's Science Fair. We would like to congratulate the staff of the Science Faculty for all their efforts on behalf of our students.

The next meeting will be held in the Common Room on Wednesday 10 September at 7.00pm.

*Judy Bertinato
P&C President*

Celebrate Attendance

Hints and Tips No. 5: Tips for Parents



Going to school is important. It makes learning easier for your child and helps build and maintain friendships with other children.

- Keep your child home only when they are sick.
- Advise the school of any absence.

- See doctors and dentists after school times.

Friends are important.

- Show an interest in your child's friends
- Invite friends to come and play
- Encourage your child to play with other children.

Helping your child have a happy day at school is important for you and your child.

If you are having difficulties in getting your child to school you should contact the principal as soon as possible to discuss the problem and ask for help.

The principal may ask a Home School Liaison Officer to contact you for further assistance and advice.

Celebrate Attendance

Hints and Tips No. 6: School Community



Everyone in the school community has a role to play in helping with school attendance.

Having students attend school is extremely beneficial to the future of local communities. However, many students do not attend school regularly or fail to attend at all.

Schools, parents and caregivers, local community members and businesses are all an essential part of providing and supporting education in our schools.

The NSW Department of Education and Training employs Home School Liaison Officers across the state. These officers are teachers who support schools and the school community to ensure that all students attend school regularly.

Parents having difficulty getting their child to school should not hesitate to contact either the school principal or the Home School Liaison Officer at your nearest Department of Education and Training office.

Call toll free 131 536 for your nearest regional office.

KHS Shop

To support the learning of students completing a Certificate II in Retail Services and/or Business Services, a shop will be opening soon in the HSIE block that will stock second hand uniforms, work experience/work placement appropriate clothing and stationery starter packs. This store will be managed and run by the students completing their qualifications in the above course.

Store opening times for parents:

Tuesday	8:00-10:00am
Wednesday	8:00-10:00am
Friday	10:00am-2:00pm

Store will be open for students at recess/lunch during above days.

How you can help?

- Donate left over uniforms that have KHS logo on them from your children who have finished their schooling.
- Trade in KHS logo uniform items that are now too small and receive a discount on other purchases.
- Donate any dress pants, skirts, collared dress shirts that you no longer use that could be used for our students going to work experience.

Uniform trade in prices		
Item	Original Price	2 nd hand price/trade in discount
Jumper	\$20	\$10
Sports Shirt	\$30	\$15
Sports Shorts	\$18	\$9
White Blouse	\$20	\$10
Polo Shirt	\$20	\$10
* trade in will be subject to inspection of garments		

Stationery starter packs will contain an exercise book, pen and ruler and can be purchased for \$2.00.

Mr M Banasiak

Relieving Head Teacher HSIE

Southern Stars #webelieve2014

This year twenty three students from our school in Years 7-11 participated in Southern Stars.

The theme was #webelieve2014. There were segments such as #webelieveineducation, #webelieveinlove, #webelieveinsuperheroes, #webelieveinfairytales and many more. Our segment was #webeliveineducation and we danced to "They Don't Really Care About Us" by Michael Jackson. Our costumes were gold soldier shirts and black soldier pants.

Our Southern Stars group would like to thank Mrs Johnstone for all her hard work and efforts in planning this, taking her own time to supervise us between performances, taking us to Wollongong Mall and organising everything. We'd also like to thank Mrs Middlebrook for sewing together all our costumes. And a big thanks to Alia for taking time out of her busy schedule to teach us the dances.

Overall, we had a fun time and made lots of new friends and we can't wait for next year!

Sophia Poole and Chelsea Hoyn



Sydney's LUNA PARK
just for fun

On THURSDAY 25th September from 6.30 - 10.30pm, rock up and
do luna park in your pj's!



Enjoy the rides by night
in the comfort of your
PJs, to raise vital funds
for children in foster care
- book today!

For tickets & information go to www.thepyjamafoundation.com

Breakfast Club

Breakfast club is open every
Tuesday.



All students welcome!

Open: 7:30-8:20 am

Location: Room 301

Banana Pancakes, Cereal, Juice & more




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