

Kana Kares



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Term 4 - Week 2

17 October 2014

KANAHOOKA HIGH SCHOOL IS A PROUD MEMBER OF THE DAPTO LEARNING COMMUNITY



Welcome to our new Deputy

It has been with great pleasure that I have been able to move to Kanahooka High School, having come from Bega High School on the far south coast where I was in the position of Deputy Principal. I am very glad to be back home in 'The Gong' where I have raised my two children and spent a great deal of my teaching career. It has been exciting to meet with students and staff who present with energy and vibrancy with their warm and inclusive welcome.

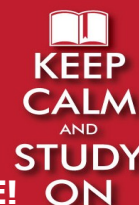
I am looking forward to working with the new Principal, Ms Toohey, with her new vision for Kanahooka High School and with the other Deputy Principal, Mrs O'Sullivan, in providing access to the best learning opportunities for the students of Kanahooka High School to get them focused, engaged and work ready with programs that really make a difference. None of this would be able to occur without a staff who are professional, driven and who put our students first, all of which was obvious to me as soon as I arrived.

Do not hesitate to contact me if you have any questions or concerns.

Ms D Walmsley
Deputy Principal



Kanahooka High School After School Tutorial Centre



All welcome and it's FREE!

Held in the School Library with Teacher supervision.

Refreshments provided.

**Every Tuesday & Wednesday from
2.30 to 3.30pm**

Come along and get help with your homework, assignments and assessments.

UPCOMING EVENTS 2014

Monday 13 October to 5 November

- HSC Exams

Monday 20 to Friday 24 October

- Year 11/12 VET Work Placements

Tuesday 21 October

- Year 8 Subject Selection Talk Pd 3 Library

Tuesday 28 October

- Yr 7 boys & girls & Yr 9 boys Immunisations

Wednesday 29 October

- Year 6 After School Program

Wednesday 5 November

- UOW Science Fair
- Year 6 After School Program

Friday 7 November

- Premier Sporting Challenge at KHS

Wednesday 12 November

- RYDA Road Safety Program
- Year 8 ESSA Tests
- Year 6 After School Program
- P&C Meeting 7pm Common Room

Friday 21 November

- The Burners Club Questacon Excursion

Wednesday 10 December

- P&C Meeting 7pm Common Room

Wellbeing Report

As we dive into another busy term, I would like to take this opportunity to encourage students to continue to strive for success and work hard for the remainder of the year. After such a successful Merit Presentation Assembly last term, we would like to encourage all students to continue collecting merit awards across faculties and handing them in to their Year Advisers so that we can acknowledge their success later this term.

Links to Learning

This week, five of our Year 10 students will commence the Links to Learning program. They will be attending Wollongong Youth Centre every Tuesday to work on employability skills and TAFE on Wednesday to partake in a Hospitality course. We wish them all the best in this program and look forward to hearing their feedback.

Excursions

St Vincent de Paul are kindly hosting an excursion to Minnamurra Rainforest for our Southern Rivers students on 4 November. This should be a fantastic excursion and we thank Janelle and her team from St Vinneys for all the hard work they do in our school, including the Vintage Car Club and Breakfast Club, which run every Tuesday.

Bullying/Wellbeing

Kanahooka High School has a zero tolerance bullying policy. Parents/Caregivers are reminded of the importance of reporting issues that concern student wellbeing to Year Advisers so that appropriate action can be taken. As the saying goes, Knowledge is Power!

Have a wonderful term.

*Mrs A Van Loo
Head Teacher Welfare*

Library Monitors

Over the past few months my friends and I have been assisting the librarians in shelving and lending books. We help out at recess and lunch. It is a positive experience for my friends and I and we have enjoyed it. We have been recruited by the staff in the library as our interests in literature and books means we are perfect for the role.

Georgia Lewington, Sophia Poole, Mollie Clark

Ms J Lynch adds - The monitors even made their own badges.



Breakfast Club

**Breakfast club is open every
Tuesday.**



All students welcome!

Open: 7:30-8:20 am

Location: Room 301

Banana Pancakes, Cereal, Juice & more



Job Interview Day



Congratulations to our Year 10 students on their excellent performance at our Job Interview Day at the end of last term.

Students completed their resumes and interview preparation through English as an assessment task. Many students went to great efforts with their grooming, dress and portfolios. It was great to see so many students include photographs and work samples in their portfolios. This really made you stand out from the crowd.



Employers attended the day from a wide range of employer and education groups. This included Workplace Learning Illawarra, Wollongong City Council, Job Find, Mission Employment, ECTARC, as well as some of our own teachers and Human Resources students from University of Wollongong. All the employers praised the students for their enthusiasm, politeness and professional appearance. "They all overcame their nerves and conducted themselves very well".



Well done Year 10. We are very proud of you, and hope you can use this experience in the future to prepare for real-life interviews.

*Ms A Phelan
Careers Adviser*



PDHPE Best and Fairest Grade Sport Winners

Congratulations to the following students who were voted by their coaches as the best and fairest for their Grade Sport's team:

Senior Boys Touch –	Dean Pender
Senior Girls Touch –	Monique Hasiuk
Senior Boys Basketball –	Tyler Kelly
Open Girls Soccer –	Izabella Veleski
Open Girls Volleyball –	Emily Ryan
Senior Girls Netball –	Yemaya Roughley-Hutchison
Junior Boys Oztag A –	Dain Axtell
Junior Boys Oztag B –	Kyle Brown
Juniors Girls Oztag A –	Daniela Monteiro Rebelo
Juniors Girls Oztag B –	Stephanie Chambers
Junior Girls Netball A –	Sarah Young
Junior Girls Netball B –	Casey Campbell
Junior Boys Soccer –	Alex Kearton
Junior Boys Basketball –	Liam Oliver
Junior Girls Newcombball –	Lyniana Kolomaka

*Mrs A Sutherland
PDHPE*

Emily adds to her State Medal Collection

Year 9 Tennis Champion, Emily Ryan, has added another NSWCHS medal to her collection following South Coast's third placing at the NSW Championships. Whilst Emily and her teammates could not repeat their heroics of last year when they won South Coast's first state tennis title in living memory, they still produced outstanding tennis over the course of the three days. Emily, once again produced some excellent performances in both her singles and doubles matches, finishing the carnival with a positive win/loss ratio. Next year, Emily will have the chance to add to her collection, when South Coast host the titles.

*Mr D Nunn
PDHPE*

Basketball News

Kanahooka High School's Senior Basketball Team has been selected, through invitation only to attend the Australian Schools Championships in Canberra. This is a massive achievement for Kanahooka High School. The determination of these boys and their coach, Miss Dean, has paid off. The boys would like to thank the P&C for their kind donation to make their attendance at this event possible.

*Ms C Dove
Head Teacher Science*

Year 7 Enrolments for 2015

Reminder: All enrolment forms for Year 7 2015 should be returned to the Office ASAP.

Please bring in a copy of the Birth Certificate and Immunisation Record (Blue Book). We can copy this for you. Any enquiries please contact the Office on 4261 4011.

MEP News

On Thursday 18 September MEP invited past and present young mums to morning tea to meet with our support networks CHAIN and Talking Realities to discuss parenting strategies and future plans. We took the opportunity on the day to congratulate Mikayla Leplaw-Stollery who successfully completed her HSC this year having started in MEP in 2011. She has been a fantastic role model for other young mums and we will miss having Mikayla and her son Declan.

*Mrs K Sherpa
MEP*



Career Snapshot Winners

Congratulations to Hayden Loveday and James Kearton who attended a Career Snapshot during the July school holidays. They each earned a \$20 iTunes voucher for providing some valuable comments on how the day can be improved in future years. Career Snapshot is offered each year by Bluescope Steel for students interested in Maths and Science. Students meet other cadets and learn about various aspects of engineering and Bluescope Steel Engineering Cadetships. For more information, or to express interest in the 2015 program, please see me.

*Ms A Phelan
Careers Adviser*

Growing Gorgeous Boys into Good Men!

- Adolescent boys – they seem to disappear into another world where they barely communicate, and where fast cars, alcohol and drugs are constant temptations.
- Will they survive to become good men?
- How can parents and schools understand and help them through this difficult and dangerous time?

Celia Lashlie

After 15 years as the first female prison officer, Celia knows what can happen when boys make the wrong choices. She also knows what it's like to be a parent – she raised a son on her own and feared for his survival. During the recent Good Man Project she talked to 180 classes of boys throughout. The result was a significant insight into the minds of teenage boys and what they are feeling in this period of their lives. There are challenging suggestions for parents if they want to see their sons become the good men they want them to be. Celia is a great speaker and her talk gives parents food for thought and plenty of hints to work with their teenage sons. *All parents will find something valuable in this talk - regardless of whether they have sons or not.*



FREE

Nowra

Tuesday 28th October
12:30pm-2:30pm
Shoalhaven Entertainment
Centre, Bridge Rd, Nowra

Book Now

Go back to event source: [cdg.wollongong.nsw.gov.au](#)

FREE

Shellharbour

Wednesday 29th October
9:30-11:30am
Centenary Hall, Tongarra rd,
Albion Park

Book Now

Go back to event source: [cdg.wollongong.nsw.gov.au](#)

FREE

Wollongong

Wednesday 29th October
6:00pm-8:00pm
Wollongong Hospital
Auditorium, Level 8 Block C.

Book Now

Go back to event source: [cdg.wollongong.nsw.gov.au](#)

Please arrive early to allow workshops to commence on time.

Bookings Essential: Ph. Donna Forknall: (02) 4254 2700
(Places may be limited) Donna.forknall@sesiahs.health.nsw.gov.au



Health
Illawarra Shoalhaven
Local Health District



Science News

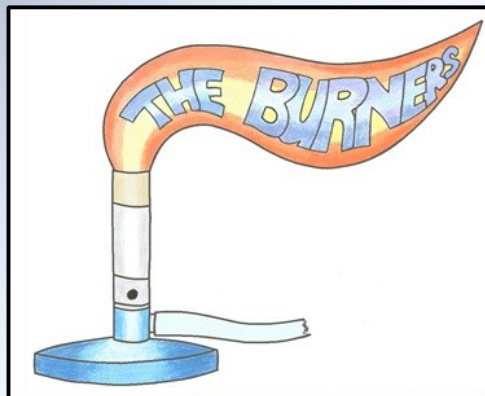
This term 'The Burners' were off to a great start with Mr Tanswell running our first session. He conducted demonstrations with dry ice and the students even had the opportunity to make their own sorbet. Next month's Burners afternoon will not run as Miss Dean is organising a trip to Questacon in Canberra for anyone who has ever been to a Burner's session. Collect your note from the Science staffroom and pay at the office as places are filling quickly.

There is some more exciting news for the Science Faculty with the addition of our new Aquaponics set up in the 600 block. Mr Higgins spent some time in his holidays setting up the new tanks and is getting ready to fill the tanks with different species of fish. This is exciting news for Kanahooka High School and the Science faculty, with a massive increase in numbers in students selecting Marine Studies next year. Mr Higgins is keen and ready to take Marine Studies and the new stage 5 elective Aquaponics to the next level. Stay tuned for updates.



Year 12 Science students are well into their HSC courses and already the work load is piling up. It is important to stay on top of things from the beginning to avoid becoming overwhelmed and falling behind. Don't forget if you need help or are struggling ask your teacher for help.

Ms C Dove
Head Teacher Science



Enjoy Science? Want to be part of a team? Then Join **THE BURNERS**.

This is the brand new Science group where you can join with your friends to work on interesting challenges and problems across all branches of Science.

Details

- Science afternoons held the 2nd **Wednesday** of every month, 2:30 – 4pm.
- Afternoon tea provided
- Lunchtime sessions, once a month – lunch provided!
- Homework sessions in Library every Tuesday at ASTC.
- WE WANT YOU!

What can we offer?

- Fun
- Challenges
- Food
- Learning
- Entry into Science Fair
- Excursions
- Awesome Prizes

Preparing for Exams

It's important to help your child stay healthy, well rested and sane as they concentrate on studying for end of year exams. This short video features teachers and parents talking about HSC preparation, but the tips are good for all high school students preparing for exams. <http://bit.ly/oTovND>

P&C News

The next meeting will be held on Wednesday 12 November at 7.00pm in the Common Room.

Judy Bertinato
P&C President

Mobile Phones at School

Please remember to only call your child at recess or lunch breaks.

Urgent calls can be left with the front office on 4261 4011.



BULLI PUBLIC SCHOOL FETE

145 BIRTHDAY

RIDES
ENTERTAINMENT
STALLS
DEATH VALLEY
LOCK UP

CAKES
COFFEE
BBQ AND PIZZA
GAMES
MONSTER RAFFLE
REPTILE SHOW

Saturday 25 October
11am-4pm

GOLD SPONSORS
STEFFEN
Village Building
point

SILVER SPONSORS
Northern Sydney
Hobart Homes

BRONZE SPONSORS
Bendigo Bank
Bulley's
H & G MEATS

Cannabis & Today's Young Person

FREE WORKSHOP

For Parents & Service Providers

This workshop will enable you to address issues concerning cannabis relating to your Young person by equipping you with NEW;

- *KNOWLEDGE
- *AWARENESS & UNDERSTANDING
- *PRACTICAL STRATEGIES

It will EMPOWER you to establish a positive healthy relationship with your teenager by creating:



Please Book Directly using the "Book Now" links
For more information Phone Di 0401 718 469
Light lunch provided at both venues

Monday 13th October For Parents

Venue: Albion Park Youth & Community Care
Russell St, Albion Park (near Swimming Pool)
Time: 11:00 AM to 1:00 PM

Book Now
<http://www.trybooking.com/PWZY>

Wednesday 22nd October Parents & Service Providers

Venue: Warilla Neighbourhood Centre
69 Benaud Cres, Warilla
Time: 12:15 PM to 2:30 PM

Book Now
<http://www.trybooking.com/PXAB>



CANTEEN UNIFORM PRICES

Jackets (Jnr/Snr)	\$30.00
Polo Shirts (with emblem)	\$20.00
Sloppy Joe (Jnr/Snr)	\$20.00
Sports Shirt	\$30.00
Sports Shorts (Unisex Black)	\$18.00
White Blouse (with emblem)	\$20.00
Black Cardigan (with emblem)	\$40.00
Uniform Sales available from Canteen between 7.30am and 12 noon	

Canteen News

The new polo shirt has arrived and is available from the School Canteen for \$20.00.

The Canteen is in need of volunteers. If you can help out please contact Jan in the canteen on 4261 4011.

Dapto Red Cross Branch

would like to invite you and your friends to the

Centenary Dinner Dance

on

Saturday 8th November 2014, 6.30pm

at

Dapto Citizens Bowling Club
Dapto

Cost: \$30 per head

RSVP - Thursday 9th October 2014

Tickets and information contact:
Henry Sebbens
02 4260 8887

100 YEARS

As part of the world's largest humanitarian movement, Red Cross has been part of the fabric of Australian life for 100 years. As a past, current or next generation supporter, you can help shape this great Australian story of people helping people in crisis for the next 100 years.

To find out more about the many ways to support Red Cross, visit redcross.org.au/centenary

CRISIS | CARE | COMMITMENT
redcross.org.au follow us

SAVE THE DATE

Illawarra Coal

RUN WOLLONGONG

WE'RE BACK & CAN'T WAIT TO BE BIGGER & BETTER!

SUNDAY OCTOBER 19, 2014

100% of every registration goes straight to the redevelopment of Wollongong Children's Ward & Illawarra Shoalhaven Children's Assessment Unit.

RUN, WALK OR ROLL ... JUST GET INVOLVED!

REGISTRATIONS OPENING SOON AT
RUNAUSTRALIA.COM.AU

FOUNDATION

LOWES

SPECIAL PROMOTION FOR

KANAHOOKA HIGH SCHOOL

SPECIAL SALES

DAYS x 3

AT LOWES STORE – DAPTO MALL

Wednesday 3rd – Thursday 4th – Friday 5th December
2014

RECEIVE 15% DISCOUNT

Off the regular price on all uniform items for
Kanahooka High School

PLUS

BONUS EZY-WAY 5% DISCOUNT

additional for Lowes Ezy-Way customers

OR 5% REWARDS

Lowes Rewards Card holders receive in-store Gift Vouchers
to the value of 5% of their purchase

PLUS

Lowes will pay your school annual 5% **rebate** on every
uniform purchased in-store.

CareWays
community

Celebrate Children's Week 2014

For preschool aged children



Featuring our
party men **Daniel Dwyer**, so come
join us and enjoy his show

When: 22 October 2014

**Where: Heining Hall
Dapto Ribbonwood Centre, Dapto**

Time: 10.30am-1pm

Light luncheon and snacks provided
Lots of entertainment and activities
available on the day

For more information and registration please ring
Verica on 4262 1918