



Kanahooka High School

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KANA KARES

**Term 4 – Week 4
13th November 2009**

COMING EVENTS

Monday 16th November

Year 10 to attend Connect & Explore Workshop at UOW

Tuesday 17th November

Year 10 Peer Support Training at Ribbonwood Centre

Thursday 3rd December

Year 6 Orientation Day

Friday 11th December

Year 10 Graduation Ceremony

Tuesday 15th December

School Presentation Day at Dapto Ribbonwood Centre

Parents and students need to be aware that the last two days of the 2009 school year are for teacher professional learning. This means the official last day of the student year is Wednesday 16th December.

CYBER BULLYING WEBSITE

The Department of Education recently hosted a Cyber bullying forum, bringing together national experts on the subject. If you would like to know more about cyber bullying and what can be done about it, or if you'd like to contribute your opinion or experience to the online blog, you'll find it at:

www.cyberbullyingforum.org

P&C MEMBERS AGREE TO FUND WIRELESS MICROPHONES

At this week's P&C meeting held on Wednesday 11th November, the members agreed to support Kanahooka High School's Performing Ensemble, commonly referred to as Opera Chorus, Choir and Band and Percussion Ensemble. The Ensemble has 25 dedicated members who are keen to perform. Their performances this year include; Music faculty concert, DLC Public Speaking competition at Lakelands Public School, Merit Assemblies, Queensland Moving Opera Concert, morning assemblies, Year 12 Graduation and at Legacy House, with performances at KanaConcert, Kiama Leagues Club, Year 10 Graduation and Presentation Day still to come.

The Performing Ensemble asked the P&C to provide 4 wireless microphones and 4 Hercules microphone stands at a cost of \$1,759.00. The members of the P&C unanimously supported this request and recognised the contribution that the Ensemble is making to promote Kanahooka High School, within the local community.

SCHOOL LOCKERS

We are no longer able to maintain the student's lockers so are therefore disposing of them. Please contact Mr Jones if you are interested.

SCHOOL DIARIES FOR 2010

Should you wish to purchase a school diary for next year, please do so by ordering one from the front office by 20th November. Diaries are selling for \$5.00 each.

YEAR 11 INTERVIEWS

Mr Spicer and Ms Phelan will be conducting interviews with Year 11 students regarding their plans for 2010. With the school leaving age having been increased to 17 years of age, it is increasingly more important for senior students to maximise their efforts and the interviews are aimed at confirming student subject selections, indentifying post-school pathways and developing study plans. The Year 11 students have been asked to bring a completed Time Management Plan, HSC Tracking Sheet and a Term 4 planner to the interview.

YEAR 10 ATTENDANCE AT SCHOOL IS COMPULSORY UNTIL 11 DECEMBER

At Wednesday morning's assembly, Year 10 students were reminded that they must attend school regularly until after their Graduation ceremony on Friday 11th December. Under the changes to the school leaving age, all students must complete Year 10 as a minimum requirement of school education. A special program has been organised for Year 10 students after they complete their final School Certificate examination this week. Computing Skills will finalise these examinations and Year 10 teachers will be covering a range of skills needed by students in the senior years, the compulsory course *All My Own Work* and offering a number of non compulsory courses including RSA/RCG, OH&S White Card, Signwriting, Surf Lifesaving First Aid, pre Apprenticeship TAFE testing, Peer Support training and a Year 10 Welfare Day.

Year 10 students will receive their School Certificate and a Year 10 Completion Certificate outlining the courses they have completed during the final 4 weeks of 2009, at their Graduation Ceremony on Friday 11th December.

Peter K Jones

Hi my name is Caleb Heyer and I finished Year 12 in 2004 and Mrs Sutherland was my year adviser. Firstly, thank you all for putting up with me and teaching me what I had to know, I didn't learn much but enough to know about life. I just finished my traineeship in October 09 as a scaffolder, dogmen, rigger, forklift driver and EWP, (elevated work platform) for a company called KJ Scaffolding in Port Kembla. Our major contract work is within BlueScope Steel and with Sydney Water. I've just won an award on October 23rd for Traineeship of New South Wales and will be going to the nationals in April, in Adelaide to represent NSW to take out trainee of the year.

Just thought you guys might want to know, and that for young people who struggled through school that nothing can hold you down, you make the decisions, you just got to work hard for it! A wise man told me, 'The world is your oyster...'

PS Thank you Mrs Hammond, who was my Maths teacher. I learnt all the skills I use now from you, thank you again you're the best.

Caleb Heyer

DON'T RISK INJURING A CHILD

The 40km/h speed limit in school zones operates between 8:00-9:30am and 2:30-4:00pm on school days – be aware or you could get fined. Children can be unpredictable and hard to see. It's important that parents and carers observe local school safety initiatives when dropping off and collecting children. Penalties are high, new fines and demerit point increases include:

- Speeding – minimum fine of \$128 and four demerit points
- Approach children's crossing too quickly to stop safely - \$384 fine and two demerit points
- Double parking - \$231 fine and two demerit points
- Stopping on or near a children's crossing - \$308 fine and four demerit points
- Illegal use of mobile phone in school zone - \$308 fine and four demerit points

These penalties are reviewed and increased every six months but the worst penalty is knowing you've caused an injury to a child.

BE SUNSMART THIS SUMMER
Australia has one of the highest skin cancer rates in the world and most of the damage is done in the first 15 years of life. Fortunately, being SunSmart is a simple and effective way to reduce the risk of developing skin cancer. The Cancer Council has a website devoted to information that can help you be SunSmart all year round. Check it out at:
www.cancer.org.au/cancersmartlifestyle/sunsmart.htm

EARNER LOGBOOK RUN

**Sunday 22nd November
from 10.00am – 12.30pm**

An opportunity for you and your supervisor to experience a variety of driving conditions including Police RBT, speed check and driver reviver.

Learners must have 40 or more logbook hours.

Bookings essential – Phone: **4227 7261**
rso@wollongong.nsw.gov.au

EARN SAFE

**Monday 16th November at
Shellharbour City Council**

FREE Workshop for Parents and Supervisors!
To help you with practical advice about:

- Supervising learner drivers
- Completing the learner driver log book
- Providing on-road driving practice
- L and P Plate licence laws

Bookings essential – Phone: **4221 6124**
jenny.davies@shellharbour.nsw.gov.au

KEEPING COMMUNICATION OPEN

Nothing is possibly more uncomfortable for both teenagers and their parents than conversations around sexuality. But, according to Liz Hammond from Family Planning NSW, the key is about the relationship you have with your children and communication. If you've got that foundation, that's a good way to start your kid's journey to talk about the more challenging issues as they get to adolescence. The latest School Parents ezine has a great podcast which will shed light on this subject. Listen to it at:
www.schools.nsw.edu.au/ezine

GET YOUR CHILD'S EYES CHECKED

Along with allergies and asthma, eye disorders are the most common long-term health problems experienced by children. Good vision is important for your child's educational, physical and social development. Optometrists Association Australia recommends that children have a full eye examination with an optometrist before starting school and regularly as they progress through primary and secondary school. Examinations at the optometrist, which take about 30 minutes, are free and covered by Medicare.

YOUTH COMMITTEE

Wollongong Youth Services is looking for a group of 12 young people to form a Youth Committee to:

- Decide events that will be held during next year's National Youth Week
- Plan activities to be held at the centre
- Give your opinions on things that matter to you

Being involved in the youth committee is a good thing to do if you're interested in getting some skills that employers and other people like:

- Working on projects
- Event organisation
- Budgets
- Dealing with the media

Application forms are available from:

myspace.com/wollongongyouthservices

You can also get an application form from Wollongong Youth Centre or by ringing **4226 5969**. The committee will meet monthly from December. Applications are due by **Friday 27th November 2009**.